



Assistant Coach - Position Description

LWA Senior Men's & Women's State Teams 2023 – Adelaide, SA

Team Overview

The Senior Men's and Women's State Teams will compete in the 2023 LA Senior Men's and Women's National Championship, in Adelaide, South Australia at Sturt Lacrosse Club, 7-11th June and will:

- Comprise of only eligible Lacrosse WA affiliated players.
- Provide opportunities for all athletes to develop their abilities, athleticism and knowledge throughout the trial/selection period, preparation period and in competition.
- Adhere to a preparation schedule determined by the Head Coach with an emphasis given to both discipline and performance.
- Promote a balanced approach to lacrosse and allow for personal, club, state and national team obligations.
- Compete with exceptional sportsmanship, with the best interest of the game and Lacrosse WA at the forefront of their mind.

Position Overview

The Assistant Coach is responsible for providing support to the Head Coach in all aspects of team planning, administration, selection, preparation, competition.

Reporting Relationships

The Assistant Coach reports to the Head Coach of the Team, as well as the Director of High Performance, Lacrosse WA Board and the Executive Officer. The Head Coach may also delegate certain responsibilities to supervise specific sections or areas of the team where appropriate.

Period of Appointment

Assistant Coaches are appointed for one team cycle (approx. 6 months). All positions need to be reapplied for each year. The position commences immediately after notification of appointment and will conclude after the Head Coach and the Team Manager lodge their post program report to Lacrosse WA (within 60 days of the event completion).

Financial Subsidisation

The position is a voluntary role. Lacrosse WA will provide partial subsidy for the Head Coach, Assistant Coach and a Team Manager for each representative team. This subsidy covers essential uniform, flights and ground transport, standard meals and mandatory functions.

Position Responsibilities

PLANNING

- Liaise with the Head Coach to assist with any planning requirements regarding programs and schedules, training and event arrangements.

TEAM SELECTION

- Assist the Head Coach to develop and implement a fair, balanced and quantitative player selection process that incorporates a Lacrosse WA appointed selection panel and a comprehensive assessment of each player.
- Assist the Head Coach to provide feedback to non-selected players to direct future development.

COACHING: TEAM PREPARATION PHASE

- Assist the Head Coach to determine the team's game style and strategy where requested. - Support and implement the desired techniques, strategies and game style determined by the Head Coach.
- Assist the Head Coach to design and facilitate training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Teach relevant skills, techniques and strategies determined by the Head Coach.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, film review, written material and question time.
- Assist the Head Coach to provide players with regular and constructive feedback that drives continued development

COACHING: COMPETITION PHASE

- Assist the Head Coach to determine, communicate and facilitate daily schedules, routines, travel arrangements and meal arrangements.
- Assist the Head Coach to analyse opponents and develop and/or communicate appropriate game strategies to the playing and coaching group to maximise team performance.
- Support, motivate and inspire the individuals and groups to perform at their best. - Actively promote good sportsmanship.

SUPERVISION OF TEAM MEMBERS

- Determine and communicate team values, rules and responsibilities to guide individuals' behaviour.
- Maintain an appropriate level of supervision over team members at all times.
- Report any issues relating to the safety, health (physical and mental), injury, and behaviour of team members to the Head Coach or a Lacrosse WA Member Protection Officer.

REPORTING AND GOVERNANCE

- Assist the Head Coach to prepare various reports as required.
- Act in accordance with Lacrosse WA bylaws, policies, procedures and guidelines at all time

Eligibility and Required Accreditations

ACCREDITATIONS

Candidates applying for the position should meet the following criteria:

Accreditation, Qualifications and WWC Checks:

- LA Coaching Certificate.
- Sport Australia - Community Coaching General Principles.
- Sport Integrity Australia:
 - Anti-Doping Fundamentals
 - Anti-Doping for Coaches
 - Illicit Drugs in Sport
 - Ethical Decision Making
 - Introduction to Match Fixing
- Play by the Rules, Certificate in Harassment and Discrimination Practices.
- Play by the Rules, Certificate in Child Protection Practices.
- Working With Children card

MINIMUM AGE

21+ years of age at time of application.

Selection Criteria

EXPERIENCE

- Lacrosse knowledge and philosophy.
- Relevant and recent coaching experience.
- High performance playing and coaching experience.

RELATIONSHIPS AND LEADERSHIP

- Ability to lead, motivate and inspire teams and individuals to perform at their best.
Ability to work effectively with the Head Coach and support determined directions.

COACHING: PREPARATION PHASE

- Ability to contribute to a fair and quantitative selection process.
- Ability to contribute to the development and facilitation of training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Ability to teach relevant skills, techniques and strategies and correct faulty execution.

COMMUNICATION AND ORGANISATION

- Communication skills, relevance and impact.
- Preparation and punctuality.

Performance Indicators

The performance of the program and Assistant Coach will be assessed against the following indicators:

- Event and match results and the overall development of the team and individual players.
- Player/parent/guardian post-program satisfaction survey.
- Performance against the selection criteria listed in this document.

Selection Process

All eligible applications will be reviewed by a diverse panel of selectors that is chaired by the LWA Director of High Performance. The panel will evaluate each application against key selection criteria and forward recommendations based on those evaluations to the Lacrosse WA Board. Once the Board ratifies a candidate the successful candidate will be offered the position and if accepted the other candidates will be notified of their status and provided feedback on their application.

In the absence of a suitable candidate/s Lacrosse WA may recruit for this position by other means.

Applications

All applications are to be submitted in writing to the LWA Office. Applications should include:

- Cover letter addressing the listed selection criteria.
- A completed application form.
- Outline of preparation schedule including:
 - o Calendar of all events from application submissions to post competition feedback.
 - o Application process and any filtering/selection requirements you wish to impose at this point.
 - o Outline of any strength and conditioning components you wish to integrate.
 - o Desired trial dates (minimum of 3 trials, players must attend at least 2 to be eligible, unless prior permission is endorsed by the LWA Board).
 - o Outline of the desired selection criteria, selection process and player evaluation process.

Please read the position description and ensure you attach the following documents with your application:

SELECTION CRITERIA STATEMENT

- A paragraph (or more) addressing each of the questions in the attached "Selection Statement" document.