



Assistant Coach - Position Description

LWA U15 Boy's and Girl's Regional Teams 2023 – Ballarat, Victoria

Team Overview

The Under 15 Girls and Boys State Teams will compete in the 2023 LA Under 15 Boys and Girls Regional Tournament, in Ballarat, Victoria from the 27th September to the 3rd of October, Morshead Stadium, and will:

- Comprise of only eligible Lacrosse WA affiliated players.
- Provide opportunities for all athletes to develop their abilities, athleticism and knowledge throughout the trial/selection period, preparation period and in competition.
- Adhere to a preparation schedule determined by the Head Coach with an emphasis given to both discipline and performance.
- Promote a balanced approach to lacrosse and allow for personal, club, state and national team obligations.
- Compete with exceptional sportsmanship, with the best interest of the game and Lacrosse WA at the forefront of their mind.

Functions of the Assistant Coach

The Assistant Coach will:

- Reinforce the vision statement and program philosophies.
- In consultation with the Head Coach, provide input on the direction of the program.
- In consultation with Team Personnel, assist the Head Coach to direct the 2023 Under 15 Boys or Girls Program.
- Play a coaching role of the 2023 Under 15 Boys or Girls Team Program.

Age Guidelines for Coaches and Managers

- The age of head coaches for Under 15 teams shall be 25 years old at time of application or have considerable high level coaching experience.
- The age of assistant coaches for Under 15 teams be at least 21 years of age at time of application.
- Team Managers to be at least 25 years old at time of application.

Applications

All applications are to be submitted in writing to the LWA Office. Applications should include:

- Cover letter addressing the listed selection criteria.
- A completed application form.

Required accreditations and current Working With Children (WWC) check.

All applicants will receive an email of acknowledgement and further details on the selection process including timeframes for selection.

THE ROLE

Program Development

- In conjunction with the Head Coach, assist with the development and communication of
- a comprehensive preparation calendar that is geographically spread and neutralises travel time/expense across the squad.
- Maintain effective communication channels and protocols with squad/team members that support LWA policies.
- Contribute to the development of a comprehensive and intensive training program.
- Assist with the development and distribution of supporting documentation.

Governance

- Maintain a sound understanding, support and adherence to LWA policies, including (but not limited to) the LWA Code of Behaviour, finance policies, member protection policies, child protection policies, harassment and discrimination policies and weather related policies.
- Attain, provide and maintain the required accreditations and checks set out in the selection criteria.
- Maintain regular contact with relevant LWA stakeholders, squad/team personnel and athletes.

Selection

- Assist the Head Coach in ensuring detailed feedback is provided to players omitted from the Squad/Team that details areas for future development and explains what they can do to be selected in the future.

Coaching

- Contribute to the implement technical strategies for team and individual game play.
- Communicate, educate and implement the determined strategies of the Head Coach.
- Provide expert team, specialist and individual coaching.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, written material and question time.
- Assist in the development of supporting materials to assist with athlete education and development.
- Seek to develop individual athletes and coaches to the maximum of their ability.
- Pursue leading edge initiatives, techniques and strategies.
- Pursue a balanced focus of “technical mastery” and winning.
- Support the Head Coach to provide quality feedback on a regular basis to athletes, utilising written evaluations, individual meetings, team meetings and technical advice on the field.

Support Services

- Assist in the delivery of support services including strength and conditioning, recovery, and rehabilitation activities.
- Integrate sports science and sports medicine knowledge into the program.
- Engage and include injured athletes in modified roles or capacities wherever possible.
- Be aware of the mental health of those around you and provide emotional support to those in need.

Reporting Relationships

- LWA Director of High Performance, LWA Board and LWA Executive Officer
- Head Coach, Team Manager.

Eligibility and Required Accreditations

ACCREDITATIONS

Candidates applying for the position should meet the following criteria:

Accreditation, Qualifications and WWC Checks:

- LA Club Coach Course
- Sport Australia - Community Coaching General Principles
- Sport Integrity Australia:
 - Anti-Doping Fundamentals
 - Annual Update 2023
 - Introduction to Illicit Drugs in Sport
 - Coaches on-line course
- Play by the Rules, Certificate in Harassment and Discrimination Practices.
- Play by the Rules, Certificate in Child Protection Practices.
- Working With Children card

MINIMUM AGE

25+ years of age at time of application.

Experience

- In-depth experience and demonstrated success coaching at a relevant club level or higher.
- Experience and proven capability in the holistic development of athletes.
- Proven ability to work with other coaches.

Knowledge and Skills

- Specific knowledge of individual technique development, principles of play and delivery.
- Ability to promote game sense aspects of the sport.
- Understanding of concepts and the proven ability to integrate modern sports science, sports medicine and technological advancements into training programs.
- Capacity to develop individual players in a high performance environment.
- Exceptional, planning, communication and interpersonal skills.
- Sound personnel, financial, administration and IT skills.

Personal Attributes

- Positive people management abilities.
- Strong and demonstrated leadership qualities.
- Effective communication and negotiation skills.
- Core values aligning with LWA's strategic vision.

Key Result Indicators

- Generation of a quality pool of squad applicants.
- Implementation and integration of leading edge approaches in coaching, sports science, sports medicine and technology.
- Operates within policy parameters.
- Achieve an agreed set of team and individual targets.
- Promote athletes under your leadership to higher level teams in local and Australian Lacrosse.
- Placing/improvement in ranking in live competition.
- Player satisfaction/development survey.

Financial Information

The position is a voluntary role. Lacrosse WA will provide partial subsidy for the Head Coach, Assistant Coach and a Team Manager for each representative team. This subsidy covers essential uniform, flights and ground transport, standard meals and mandatory functions.