



# Head Coach - Position Description

LWA Senior Men's and Women's Box State Team 2024 – Melbourne, Victoria

## Team Overview

The Senior Men's and Women's State Teams will compete in the 2024 LA Men's and Women's Box National Championship, in Melbourne, Victoria at Altona Lacrosse Club, 21<sup>st</sup>-25<sup>th</sup> February, 2024.

- Comprise of only eligible Lacrosse WA affiliated players.
- Provide opportunities for all athletes to develop their abilities, athleticism and knowledge throughout the trial/selection period, preparation period and in competition.
- Adhere to a preparation schedule determined by the Head Coach with an emphasis given to both discipline and performance.
- Promote a balanced approach to lacrosse and allow for personal, club, state and national team obligations.
- Compete with exceptional sportsmanship, with the best interest of the game and Lacrosse WA at the forefront of their mind.

## Position Overview

The Head Coach is responsible for providing direction, leadership and management across all aspects of team planning, administration, selection, preparation, competition, and reporting and will work closely with relevant Lacrosse WA stakeholders to ensure the program is delivered in line with Lacrosse WA bylaws, policies, procedures and guidelines.

## Reporting Relationships

The Head Coach reports to the Director of High Performance, Lacrosse WA Board and the Executive Officer. Players and personnel will report directly to the Head Coach, unless otherwise instructed by the Head Coach.

## Period of Appointment

Head Coaches are appointed for one team cycle (approx. 6 months). All positions need to be reapplied for each year. The position commences immediately after notification of appointment and will conclude after the Head Coach and the Team Manager lodge their post program report to Lacrosse WA (within 60 days of the event completion).

## Financial Subsidisation

The position is a voluntary role. Lacrosse WA will provide partial subsidy for the Head Coach, Assistant Coach and a Team Manager for each representative team. This subsidy covers essential uniform, flights and ground transport, standard meals and mandatory functions.

## Position Responsibilities

### PLANNING

- Liaise with relevant Lacrosse WA stakeholders to develop and communicate a comprehensive preparation and training plan that fairly distributes travel time amongst squad/team members.
- Develop and implement effective channels to communicate with squad/team members, parents/guardians and relevant Lacrosse WA stakeholders.
- Liaise with relevant Lacrosse WA stakeholders, LA stakeholders, event management and the Team Manager to plan and manage travel and event arrangements.

### TEAM SELECTION

- Liaise with relevant Lacrosse WA stakeholders to recruit, select and appoint required team personnel and provide constructive feedback to unsuccessful candidates to aid in their development.
- Establish a fair, balanced and quantitative player selection process that incorporates a Lacrosse WA appointed selection panel and a comprehensive assessment of each player.
- Provide feedback to non-selected players outlining the areas requiring development to earn selection in future teams.

### COACHING: TEAM PREPARATION PHASE

- Determine the desired game style and strategies the team will utilise and develop a “master” training program to progressively implement the required elements.
- Communicate, educate and empower Assistant Coaches and other staff to support and implement the desired strategies.
- Liaise with the Assistant Coach to design and facilitate training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Teach relevant skills, techniques and strategies.
- Utilise varied teaching methods including demonstrations, whiteboard discussions, film review, written material and question time.
- Provide players and personnel with regular and constructive feedback that drives continued development.
- Integrate high performance concepts to maximise athlete training, preparation, performance and recovery.

### COACHING: COMPETITION PHASE

- Determine and communicate daily schedules, pre-game and post-game routines, travel arrangements and meal arrangements.
- Define and communicate team personnel and player roles and responsibilities.
- Analyse opponents and develop and communicate appropriate game strategies to the playing and coaching group to maximise team performance.
- Lead, motivate and inspire the team and individuals to perform at their best.
- Manage all aspects of player safety, game play, player rotations, time outs, breaks and team discussion.
- Manage all aspects of team attitude, sportsmanship and behaviour.

## SUPERVISION OF TEAM MEMBERS

- Determine and communicate team values, rules and responsibilities to guide individuals' behaviour.
- Maintain an appropriate level of supervision over team members at all times.
- Oversee, support and act on any issues relating to the safety, health (physical and mental), injury, and behaviour of team members.
- Ensure any problems, issues or concerns are appropriately communicated to Lacrosse WA and/or parents/guardians.
- Gain consent from parents/guardians where necessary.

## REPORTING AND GOVERNANCE

- Provide Lacrosse WA with a written report within 60 days of the program's completion summarising key aspects of the program and other information Lacrosse WA may reasonably request.
- Ensure all aspects of the team and its members act in accordance with the law and Lacrosse WA bylaws, policies, procedures and guidelines at all time.
- Actively promote and support Lacrosse WA values and image in the Lacrosse community.

## Eligibility and Required Accreditations

### Accreditation, Qualifications and WWC Checks:

- LA Coaching Certificate.
- Sport Australia - Community Coaching General Principles.
- Sport Integrity Australia:
  - Anti-Doping Fundamentals
  - Anti-Doping for Coaches
  - Illicit Drugs in Sport
  - Ethical Decision Making
  - Introduction to Match Fixing
- Play by the Rules, Certificate in Harassment and Discrimination Practices.
- Play by the Rules, Certificate in Child Protection Practices.
- Working With Children card

## MINIMUM AGE

25+ years of age at time of application.

## Selection Criteria

### EXPERIENCE

- Lacrosse knowledge and philosophy.
- Relevant and recent coaching experience.
- High performance playing and coaching experience.

### RELATIONSHIPS AND LEADERSHIP

- Ability to attract a strong term personnel and playing group to the program.
- Ability to lead, motivate and inspire teams and individuals to perform at their best.
- Works effectively with Lacrosse WA stakeholders.

## COACHING: PREPARATION PHASE

- Ability to develop a comprehensive master training plan.
- Ability to develop and facilitate a fair and quantitative selection process.
- Ability to develop and facilitate training sessions that are enjoyable, flowing, maximise participation, maximise development and align with the master program.
- Ability to teach relevant skills, techniques and strategies and correct faulty execution.
- Ability to teach and integrate high performance concepts.

## COACHING: COMPETITION PHASE

- Ability to analyse opponents and develop appropriate game plans to maximise team performance.
- Ability to make changes that positively influence game results.
- Ability to manage team focus, attitude, morale and behaviours.

## COMMUNICATION AND ORGANISATION

- Communication skills, relevance and impact.
- Planning and scheduling skills.
- Preparation and punctuality.

## Performance Indicators

The performance of the program and Head Coach will be assessed against the following indicators:

- Ability to attract a strong playing and coaching group to the program.
- Event and match results and the overall development of the team and individual players.
- Player/parent/guardian post-program satisfaction survey.
- Alignment with Lacrosse WA bylaws, policies, procedures and guidelines.
- Performance against the selection criteria listed in this document.

## Selection Process

All eligible applications will be reviewed by a diverse panel of selectors that is chaired by the LWA Director of High Performance. The panel will evaluate each application against key selection criteria and forward recommendations based on those evaluations to the Lacrosse WA Board. Once the Board ratifies a candidate the successful candidate will be offered the position and if accepted the other candidates will be notified of their status and provided feedback on their application.

In the absence of a suitable candidate/s Lacrosse WA may recruit for this position by other means.

## Applications

All applications are to be submitted in writing to the LWA Office. Applications should include:

- Cover letter addressing the listed selection criteria.
- A completed application form.
- Outline of preparation schedule including:
  - o Calendar of all events from application submissions to post competition feedback.
  - o Application process and any filtering/selection requirements you wish to impose at this point.
  - o Outline of any strength and conditioning components you wish to integrate.
  - o Desired trial dates (minimum of 3 trials, players must attend at least 2 to be eligible, unless prior permission is endorsed by the LWA Board).

- Outline of the desired selection criteria, selection process and player evaluation process.

Please read the position description and ensure you attach the following documents with your application:

#### SELECTION CRITERIA STATEMENT

- A paragraph (or more) addressing each of the questions in the attached "Selection Statement" document.