



# LACROSSE WA - CONCUSSION REFERRAL AND RETURN FORM (continued)

## SECTION 2 - INITIAL CONSULTATION

**MEDICAL DOCTOR or ATHP ASSESS THE PLAYER WITHIN 72 HOURS OF SIGNS/SYMPTOMS BEING OBSERVED**

Lacrosse WA takes concussion seriously and its default position is that all players who have suffered a concussion or a suspected concussion must be treated as having suffered concussion.

The player has been informed that they must be referred to a Medical Doctor or ATHP. Your role is to assess the player and guide their progress over the remaining steps in the process.

Detailed guidance for you, the Medical Doctor or ATHP, on how to manage concussion can be found in Lacrosse WA's Concussion Management for Medical Doctors and Appropriately Trained Healthcare Practitioners information document.

**Please note:** any player who has been diagnosed showing signs and symptoms of concussion (or suspected concussion) MUST follow the Graduated Return to Play (GRTP) programme.

*For players aged 18 years and under: Minimum period before Return to Play is **21 Days***

*For players aged 19 years and over: Minimum period before Return to Play is **12 Days***

As a Medical Doctor or Appropriately Trained Healthcare Practitioner, I have:

- assessed the player; and
- read and understood the information above; and
- read Lacrosse WA's Concussion Management for Medical Doctors and Appropriately Trained Healthcare Practitioners information document.

<b>RECORDED OBSERVATIONS:</b>	<i>Please add details of continuing signs/symptoms of Concussion (or suspected Concussion) and/or recommended recovery plan</i>	
<b>PROFESSION:</b>	<input type="checkbox"/> <b>MEDICAL DOCTOR</b>	Or <b>ATHP QUALIFICATION:</b> _____
<b>NAME:</b>	<b>AND</b>	
<b>SIGNED:</b>	Online Course completed within the past 12 months (one of the below):	
<b>DATE:</b>	<input type="checkbox"/> <b>Australian Sports Commission – Concussion in Sport for Healthcare Practitioners</b> <input type="checkbox"/> <b>Australian Institute of Sport - Concussion Course</b>	

## SECTION 3 - CLEARANCE APPROVAL

**For players aged 18 years and under: Medical Doctor to complete minimum 18 days following date of injury**

**For players aged 19 years and over: Medical Doctor to complete minimum 11 days following date of injury**

As a ATHP I have reviewed \_\_\_\_\_ (players name) today and based upon the evidence presented to me by them and their family / support person, and upon my history and physical examination I can confirm:

- I have reviewed Section 1 of this form and specifically the mechanism of injury and subsequent signs and symptoms
- The Player has undertaken the age specific mandatory rest period
- The Player has completed steps 2, 3 and 4 of Lacrosse WA's Graduated Return to Play process without evoking any recurrence of symptoms
- The Player has returned to school, study or work normally and have had no symptoms related to concussion for at least the past:
  - 14 Days – for a player aged 18 years of age or less
  - 7 Days – for a player aged 19 years of age or more

I also confirm that I have read Lacrosse WA's Concussion Management for Medical Doctors and Appropriately Trained Healthcare Practitioners information document.

I therefore approve that this player may return to full contact training (Stage 5 of the Graduated Return To Play) and if they successfully complete this without recurrence of symptoms, the player may return to playing Rugby.

*For players aged 18 years and under: Minimum period before Return to Play is **21 Days***

*For players aged 19 years and over: Minimum period before Return to Play is **12 Days***

**ATHP Name:**

**Signature:**

**Date:**