



Lacrosse WA

2019 Annual Report



Department of
Local Government, Sport
and Cultural Industries

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VISION:

Lacrosse WA aims to be an innovative and well recognized State Sports Association, building and developing a sports system which positions lacrosse as an inclusive, visible, dynamic and successful sport in Western Australia.

MISSION:

Lacrosse WA aims to provide leadership through the delivery of quality sports services and programs which ensure increasing participation for all level of lacrosse (players, coaches, officials, administrators), and deliver national success.

BOARD MEETING ATTENDANCE 2019		CLUB REPRESENTATIVE AGM 2018		CLUB MEMBERS ON BOARD 2019	
President	11	Alkimos	1	Alkimos	1
Vice-President	10	Bayswater	7	Bayswater	3
Administration	8	East Fremantle	6	East Fremantle	0
Finance	0	Phoenix	3	Phoenix	0
Men's Lacrosse	11	Subiaco	4	Subiaco	0
Women's Lacrosse	10	Wanneroo-Joondalup	6	Wanneroo-Joondalup	2
Development	11	Wembley	7	Wembley	2
Officiating	8	TOTAL	34		
Promotions	0	ALRA(WA)	1		
High Performance	7	Life Members	10		
Executive Officer	9	Sport & Recreation (WA)	0		
		Apologies	8		
		LWA Board Members/Staff	7		
		ALA Board Members	1		

LACROSSE WA LIFE MEMBERS

1932	Mr. I.J. Taylor (dec)	1978	Mrs Fay Taylor	1999	Mrs Margaret Morley
1932	Mr. W.B. Grace (dec)	1978	Mrs Rose Gaunt	2000	Mr Mark Hickey
1934	Mr. C.E.M. Hickey (dec)	1979	Mr Bill Brown	2000	Mr Peter Smirk
1934	Mr. R.W. Elliott (dec)	1982	Mr Harold Horner (dec)	2001	Mr Chris Milne
1936	Mr. H.J. Carmichael (dec)	1985	Mr Malcolm Stokes	2001	Mrs Mavis Owens
1946	Mr. H.R. Woods (dec)	1988	Mr Peter Reid (dec)	2002	Mr Brian Griffin
1947	Mr. A. R. V. Page (dec)	1989	Mr Robert Stratton (dec)	2003	Ms Kellie Morley
1949	Mr. W.H. Whiteman (dec)	1990	Mr Colin Mounsey	2004	Mr Laslo Tiszavolgyi
1949	Mr. I. Berry (dec)	1990	Mrs Shirley Allman (dec)	2007	Mr Graham Rose
1952	Mr. R. E. Willot (dec)	1991	Mr Ian Toy	2007	Mr Doug George
1952	Mr. J. L. Carden (dec)	1991	Ms Fiona Clark	2008	Mr Kevin McRae
1955	Mr Cyril Allman (dec)	1992	Mr Murray Redfern (dec)	2008	Mrs Faye Beaman
1955	Mr A. A. Swan (dec)	1993	Mr Don Rudderham	2008	Mrs Helen Goddard
1961	Mr Laurie Turnbull (dec)	1994	Mr Ross Whiteman	2010	Mr Ken Sugars (dec)
1962	Mrs. Beris Johnson (dec)	1995	Mr Robert Ramsay	2011	Mrs Suzanne Kirkby
1965	Mrs Rae Reid (dec)	1997	Mr Roger Smith	2011	Mr Michael Gates
1968	Mr. Eric Biddle (dec)	1997	Mrs Jennifer Townsend	2011	Mr Gary Kennedy
1977	Mrs Dorothy Harwood (dec)	1998	Mr Lloyd Morley	2014	Mrs Peta Hiron
1977	Mrs Velma Vickridge (dec)	1999	Mrs Fran Maunton	2014	Mr John Denic

LACROSSE WA BOARD MEMBERS

PRESIDENT	Evan Walters
VICE PRESIDENT	Konrad Frankee
DIRECTOR OF ADMINISTRATION	Murray Gates
DIRECTOR OF DEVELOPMENT	Bill Bowran
DIRECTOR OF FINANCE	Vacant
DIRECTOR OF HIGH PERFORMANCE	Hannah Brown
DIRECTOR OF MEN'S LACROSSE	Bruce Banyard
DIRECTOR OF OFFICIATING	Kellie Morley
DIRECTOR OF PROMOTIONS	Vacant
DIRECTOR OF WOMEN'S LACROSSE	Michelle Rohrlach

LACROSSE WA STAFF

EXECUTIVE OFFICER	Roxanne Leavy
ADMINISTRATION ASSISTANT	Jamie-Lee Bartle

CLUBS & TEAMS

Club name	U11's Boys	U13's Boys	U13's Girls	U15's Boys	U15's Girls	U17's Boys	U17's Girls	Div 3 Men	Div 2 Women	Div 2 Men	Women's State League	Men's State League
Alkimos	1	1	0	0	0	0	0	1	1	0	0	0
Bayswater	1	1	1	1	1	1	1	1	1	1	1	1
East	1	1	1	1	1	0	1	1	1	1	1	1
Fremantle												
Phoenix	1	1	0	1	0	1	0	1	0	1	0	0
Subiaco	0	1	0	1	0	0.5	0	0	1	1	1	1
Wanneroo- Joondalup	1	2	1	1	1	1	1	1	1	2	1	1
Wembley	2	2	2	1	1	0.5	1	1	2	1	1	1

2019 PLAYING NUMBERS

	Men	Women
Senior	356	180
Junior	319	128

LWA COMMISSIONER

Doug George and Jennifer Townsend

LWA LIFE MEMBERSHIP COMMITTEE MEMBERS

Evan Walters, Doug George, Kevin McRae, Kellie Morley

WESTERN AUSTRALIAN LACROSSE FOUNDATION

Trustees: Evan Walters, Murray Gates, Bruce Banyard, Cameron Blair, Michael Ferguson

LACROSSE AUSTRALIA FELLOWS

Harold Horner (dec), Laurie Turnbull (dec), Len Berry (dec), Harold Balinski (dec), A (Russ) Page (dec), William (Bill) Brown, Malcolm Stokes, Don Rudderham and Brian Griffin

WOMEN'S LACROSSE AUSTRALIA LIFE MEMBERS

Rae Reid (dec), Fiona Clark and Fran Maunton

AUSTRALIAN LACROSSE ASSOCIATION LIFE MEMBERS

Faye Beaman

AUSTRALIAN LACROSSE ASSOCIATION DIRECTOR

Glenn Morley – ALA President

HONOURS AND AWARDS

2019 OC ISAACHSEN TROPHY FOR THE BEST MALE PLAYER IN AUSTRALIA

Lachlan Walker – Wanneroo-Joondalup Lacrosse Club



Wanneroo-Joondalup's Lachlan Walker has become the first player at the club to win the O.C Isaachsen Trophy. The Isaachsen Trophy is awarded to the fairest and best male player Australia-wide in the most senior men's State competition home and away qualifying round matches, based on votes awarded by match referees.

Walker, who was a member of the 2018 Australian Men's Team, had a stellar 2019 also being awarded Lacrosse WA's Men's State League Fairest and Best Award, the Cann-Griffin Trophy for highest point scorer and is a member of the 2019 LWA All Star Team. Lachlan also made the ALA All Star team captaining Western Australia at the Senior Nationals.

WA has consistently done well in winning the Isaachsen Trophy with past winners including Brad Goddard (2010, 2018), Matt Diver (2011), Thomas Graham (2013, 2016) Daniel Kennedy (2014), Mitchell Kennedy (2017) and Cam Evangelho (2018).

2019 SHELLEY MAHER TROPHY FOR THE BEST FEMALE PLAYER IN AUSTRALIA

Madison Copeland – East Fremantle Lacrosse Club

Madison Copeland from the East Fremantle Lacrosse Club, has capped off a spectacular season being awarded the Shelley Maher Trophy. The Shelley Maher Trophy is also awarded to the fairest and best player Australia-wide in the most senior women's State competition home and away qualifying round matches, based on votes awarded by match umpires.

Copeland has finished her season with an astonishing amount of silverware. Not only was she a member of the 2019 U19 Australian Women's team that won the bronze medal at the 2019 U19 Women's World Championship, she was the lone Australian player chosen for the 2019 World Team. Madison was also LWA's Runner up Women's State League Fairest and Best, made the LWA All Star Team and won the Kuljak medal for best player in the women's state league grand final where East Fremantle won their fifth premiership in a row.



SARAH FORBES

Induction into the National Lacrosse Hall of Fame

Wembley Alumni, Sarah Forbes was inducted into the National Lacrosse Hall of Fame in October, 2019 in Maryland, USA.

Forbes was a four time member of the Australian World Cup Team and helped Australia capture the gold medal in 2005. She earned All-World honours in both 2005 and 2009 and was named tournament MVP in 2005 while serving as Australian team captain.

Internationally, Forbes became a three-time All-American at the University of Maryland. Forbes was the national offensive player of the year in 1997 as well as the ACC's player of the year. She helped lead Maryland to three straight NCAA titles (1995-97) during her career, as well as the ACC championship in 1997. Forbes was named to the NCAA's 25th Anniversary Team in 2006.



Sarah paved the way for other Australians to the USA and was a pioneer for many West Aussies to have lacrosse as an option for higher education.

In 2019, Lacrosse WA introduced the "Sarah Forbes Trophy for Highest Point Scorer" in honour of Sarah and her remarkable lacrosse career.

MADISON COPELAND

2019 U19 Women's Lacrosse World Championship – World Team

Madison Copeland capped an incredible 2019 U19 Women's Lacrosse World Championship by being the lone Australian selected to the 2019 U19 All-World team.

Copeland had an incredible tournament which started with a hat trick against the USA. Playing predominantly out of the draw, Copeland was consistently a threat on the offensive end. In transition and in defence, Copeland also figured heavily.

Madison, from the East Fremantle Lacrosse Club, starred on opening day, but her biggest performance came when her side needed it the most, scoring 4 goals of Australia's 8 to see off Japan in the quarter final, setting the scene for the team's Bronze medal.

In a team full of rising Australian superstars, Copeland's star undoubtedly shone the brightest and she was a much deserved member of the 2019 U19 All-World team.



REPORTS – BOARD MEMBERS

2019 PRESIDENT'S REPORT

Evan Walters

Well what a big year again it has been for lacrosse in Western Australia.

To the Board of LWA who have been active in all areas of the game; the President's role is very easy when you have a good team to look after you. I thank you all for a tough and trialling year of lacrosse on and off the field and in the board room.

To our LWA staff in Roxanne and Jaime-Lee who have been very busy – thank you.

We had the Under 18 Championships held by one of our premier clubs in East Fremantle Lacrosse Club over the Easter weekend and was conducted very well and was a great success.

Our Senior teams were the next off, with games being hosted by Footscray LC in Melbourne. The Men falling short in the final only to be good experience for those younger players to try again next year. The Women fell afoul of having some of their best players available playing in the Under 19 team before their departure to Canada.

Junior Teams to Adelaide were well represented in their endeavours gaining valuable experience for years to come.

I leave the year at a time when the Board is looking at appointing coaching staff for the 2020 Australian Championship campaigns starting early in the New Year.

Thank you all for the time I have been on the board of LWA.

I wish you all a Merry Christmas and Happy New Year and come back next year for another exciting year of lacrosse in WA.



*2019 U19 Women's Australian Team – Blazer Presentation night.
WA representatives with World Lacrosse Competition Director
Fiona Clark*

2019 VICE PRESIDENT'S REPORT

Konrad Frankee

I'm new to the board and have tried to quickly pick-up on the board's direction and support of the game we all love.

A little about myself and my personal lacrosse journey, I started playing lacrosse in 1978 for the Wanneroo Lacrosse Club, then moved to South Australia and played at the Glenelg Lacrosse Club for over 20 years. Currently I'm very much involved with the Alkimos Lacrosse Club with junior development as well as the LWA Board.

Congratulations to all our clubs, teams, players, staff and supporters. The game needs you, we exist because of all the hard work that is put in by our club members.



2019 Alkimos "Pirates" inaugural Men's U11's Team

Thank you to all our State and Representative teams, Coaches, Managers and supporters for representing Western Australia with pride.

Roxanne Leavy and Jamie-Lee Bartle you two rock, our sport and competition wouldn't be anywhere without you two steering the ship. Great job and thank you to you both for all your hard work.

The board has members that work tirelessly for the sport, they have invested themselves to help develop the direction of our sport. I have seen this firsthand, the hard work the board members put in and they are very passionate about our game.

2020 has an opportunity for the game to grow, to support new ideas and strategies and to improve our game.

2019 DIRECTOR ADMINISTRATION REPORT

Murray Gates

I would like to take this opportunity to thank all the members of this year's Board for the hard work each has done to fulfil their commitment and requirements to each portfolio.

Also, I would like to acknowledge the following people for their hard work to ensure lacrosse in WA progressed as required during the season.

Roxanne Leavy, Executive Officer (paid and volunteer roles)

Jamie-Lee Bartle, Administration Assistant (paid and volunteer roles)

Michael Gates, LWA Life Member (volunteer role) for keeping our financial accounts in order.

Lacrosse WA still has a number of challenges ahead, but the more involvement we get from the local lacrosse community, the easier these challenges will be accomplished and this will only strengthen lacrosse in WA.



2019 LWA U15 Regional Teams Uniform Presentation

2019 DIRECTOR OF MEN'S LACROSSE REPORT

Bruce Banyard

I would like to firstly take this opportunity to congratulate all clubs and participants for their efforts and conduct throughout the 2019 LWA Men's lacrosse season.

Congratulations to this year's State League Premiers Bayswater, Wanneroo-Joondalup winning Division 2 and Division 3, Phoenix winning U17's and East Fremantle winning U15's and U13's.

Also, individually, congratulations to our Fairest and Best winners. State League – Lachlan Walker, Wanneroo-Joondalup, Division Two – Shane Thomason, Phoenix, Division 3 – Kris Fenn, Wanneroo-Joondalup.

Congratulations to those selected in the All Stars Team - Ryan Spark, Luke Walton, Ashby Dennis, Brock Beall, Josh McDavitt, Max Rowse, Aaron Salter, Mitchell Kennedy, Lachlan Walker, Trevor O'Brien, Cam Evangelho and Adam Jorre de St Jorre.

Most decisions required to ensure the men's lacrosse season ran smoothly, were handled by the Men's Lacrosse sub-committee. This committee met bi-monthly and discussed various issues throughout the season. Some of these items have now been accepted by the LWA Board and are part of our Policies and Regulations.

I thank the members of this committee for their assistance during 2019.

The Men's competition continues to operate under a sub-committee structure and I would like to thank those members who sit on the Committee on behalf of their club; Simon Danby & Brendan Ballarine Alkimos Pirates, Adam Jorre de St Jorre Bayswater, Gavin Leavy & Jeff Kennedy East Fremantle, Aaron Williams & Nathan Rainey Phoenix, Paul Fischer & Joe Cahill Subiaco, Craig Ventham & Lachlan Walker Wanneroo-Joondalup, Mat Collins & Luke Oliver Wembley and Ian McRae ALRA(WA). Thanks to Evan Walters (LWA President), Kellie Morley (LWA Director of Officiating), Bill Bowran (Director of Development) & Murray Gates (LWA Director of Administration) for their support.



*Bayswater State League Captains –
2019 Premiers and Minor Premiers*

Special thanks to Roxanne Leavy (LWA Executive Officer) and her assistant Jamie-Lee for their work to ensure that Men's Lacrosse ran smoothly and efficiently.

During the 2019 men's season we had changes to teams participating in our competitions. In State League (5 teams), Division Two (7 teams) and Division Three (6 teams once the second Wanneroo-Joondalup team withdrew). Even with these small numbers of teams participating, we still saw competitive games in all grades.



2019 LWA Men's All Star Team – L-R Lachlan Walker, Brock Beall, Adam Jorre de St Jorre, Mitchell Kennedy, Cam Evangelho, Josh McDavitt, Luke Walton and Ryan Spark (absent Max Rowse, Aaron Salter, Trevor O'Brien and Ashby Dennis)

There were several fixture changes due to changes in Division 3 and U11's (Subiaco and then Bayswater's second team withdrawing).

This year's finals were hosted by Wanneroo-Joondalup Lacrosse Club and the LWA Board thanks Wanneroo-Joondalup Lacrosse Club and its members for conducting an excellent finals series.

Thank you to our Coaches and Managers of our State and Regional Teams, without volunteers for these positions the teams would not be able to attend ALA Championships or Tournaments.

This year's U18s Australian Championships was hosted by the East Fremantle Lacrosse Club. The LWA Board thanks East Fremantle Lacrosse Club and its members for conducting an excellent Championship.

2019 DIRECTOR OF WOMEN'S LACROSSE

Michelle Rorhlach

The season started off really well with an extra round added for the State League teams with all games being played at Bayswater. In general the season was run very well with all clubs hosting home games and the finals were successfully run by the Wanneroo-Joondalup Lacrosse Club.

In 2020 we will see the introduction of new rules, again this will cause a few issues to begin with, but I'm sure as the season progresses both players and umpires will adapt very quickly.

The Women's U18 State Team and the Senior State Team didn't make the finals this year, but played hard every game. The U18 girls had 3 players in the 2019 ALA All Star Team, Madison Copeland, Ocea Leavy and Erin Mitchell. Madison was also named MVP for the Championship. The U15 Tournament was great for both the Flames and Stars teams, both teams played at a very high level for every game and made the Final 4. Flames entered the Tournament Grand Final undefeated and Stars played the 3 v 4 game. Unfortunately neither team won their final game but it was a huge effort from both teams to make the final 4.

A huge congratulations must go to the six girls that competed in Canada for the U19 World Cup coming home with the bronze medal and also to Madison Copeland for being named in the World All Star team. Congratulations also to Kellie Morley and Sue Kirkby who also attended the World Cup as Umpire and Technical Delegate respectfully along with Susan Milne who attended the U23 ASPAC Tournament as an umpire.

I believe 2019 was a successful year for all clubs and wish everyone the best for the 2020 season ahead and I look forward to working with the Clubs' Womens Directors and the LWA Board again.



*2019 LWA Women's All Star Team (L-R)
Tegan Brown, Jess Kennedy, Shannon
Mitchell, Madison Copeland, Erin Mitchell,
Emma Graham, Hannah Mae Brown and
Kate Hooper (absent Sarah Mutch and
Rhannon Panting)*

2019 DIRECTOR OF OFFICIATING REPORT

Kellie Morley

2019 was a bit of a whirlwind year, with an early start to both our State League men's and women's competitions. Small improvements in the standard of officiating were seen across our competitions, but there is still a lot that we can do as a lacrosse community to improve the standard and game environment for officiating.

It is a difficult Director position, one that stretches across both men's and women's lacrosse, however because the men's officiating side is mainly operated through ALRA I have not spent any time delving into their processes and procedures. I will endeavour to make steps towards a united Officiating portfolio in 2020.

Under the guidance of Bev Leavy, LWA's Junior Officiating Program continued to evolve and we have now seen the third series of graduates through Phase 3 of our Junior Officials program, this included our first graduates attending the Under 15 ALA National Tournament in Adelaide. I look forward to watching these officials continue to progress through the accreditation system and hopefully officiate at further ALA National events and LWA finals series.



2019 ALA U15 Tournament Umpire – Skylar Leavy

Whilst continuing to build on the Junior Officiating Program our focus now splits to improving knowledge and on field application for officials. It is our Club's responsibilities to work hard to encourage and to increase the number of accredited men's and women's officials. This year a concerted effort was put towards increasing the number of accredited women's officials. This was mainly due to the firm stance that our Regulations would be adhered to, ie loss of Premiership points, if clubs did not comply with the minimum number of accredited officials. All clubs met or exceeded these levels this season. The Women's junior competition officiating also saw major improvement following the Board's continued endorsement of a Senior Accredited Official on each game. Congratulations to all our newly accredited officials in 2019.

Over the off season I will discuss ways forward with the ALRA for men's officials and conduct accreditation clinics for women's umpires.

On a National level, Lacrosse WA once again provided a number of officials to attend ALA Championships and Tournaments. These officials take leave from their employment and families, along with associated accommodation costs to ensure their own further professional development and maintain national level accreditation. All referees and umpires performed admirably and are to be congratulated on their professional approach to these Championships and Tournaments.

LWA were also represented on the world stage this year with one on field umpire - Kellie Morley (Wanneroo-Joondalup) and one off field official - Suzanne Kirkby (Bayswater) attending the World Lacrosse Under 19 Women's Championship in Peterborough, Canada. Even though the Australian Women were not able to field a team at the 2019 ASPAC Tournament in Korea, Australia were represented by Susan Milne (East Fremantle) as an on field umpire.

I wish our aspiring men's World Championship U19 referees the best of luck as they wait to hear if their nominations for Limerick, Ireland in 2020 have been successful.

Thank you all for your support and providing me with the chance to be involved at this level so that I can help provide opportunities for many to help us grow the game we love along with improving the standard of our match officials.



2019 LWA Women's State League Grand Final Officials – Suzanne Kirkby, Kellie Morley, Sue Milne and Bruce Banyard.



2019 U18 Boy's and Girl's National Championship Referee – Tim Kennedy

2019 DIRECTOR OF HIGH PERFORMANCE

Hannah Brown

2019 was an interesting year for the High Performance area. Our goal at the close of last year was to create a more sustainable structure within our High Performance State Teams. This has involved an in-depth look into how we can improve our support to the various state teams and how we can improve communication within our community. In order to give each of our teams the best chance to be competitive at a national level, we have increased the standards to which we hold ourselves as a committee and our coaching and managing staff. We also wanted to include more voices from the community through the introduction of anonymous surveys sent to tournament participants.

Looking to the future, we hope to continue to grow in the following areas in 2020:

- Coaching - continual mentoring and support in ongoing development
- U15's Coach Development and High Performance Skill Development - We would like to ensure the teams train together so we are able to travel as a unit and support each other as such.
- U18's - High Performance Skill Development and Professionalism of Standards
- Seniors - High Performance Development and Professionalism of Standards.

Our National campaign started home in Perth with our national U18's representatives competing for their respective titles in April. Tegan Brown led her team in a tight ladder, losing to Victoria, beating South Australia, and watching South Australia beat Victoria. This unfortunately went down to a one goal differential and the WA girls missed out on the grand final while boasting that they defeated the winners (SA) in tournament. The Men's side, led by Head Coach Matt Angwin, competed hard with a younger side. Losing by one goal to SA and holding their own with Victoria bar one quarter. The recommendation from WA to the Competitions Committee is that all Member Associations have the opportunity to play each other twice throughout the tournament. Fantastic efforts by both of the teams and congratulations to the following players for being named in their respective All-Stars teams: Erin Mitchell, Madison Copeland, Ocea Leavy, Donal Wild, Daniel Bowater, and Will Czyski.

Our Senior State teams participated in the Melbourne tournament. The Men's side, under Head Coach Paul Fisher had a young team, looking to gain some experience. They persevered and ended up with a grand final showcase. The Women's side led by Head Coach Travis Roost, went down to a strong Victorian and South Australian side, while beat the East Coast All-Stars from New South Wales and Queensland. Congratulations to the following players for being named in their respective All-Star Teams: Ashby Farrell, Mitchell Kennedy, and Lachlan Walker.

The Under 15's tournament took place this year in South Australia. The Flames topped their pool and participated in their first Grand Final under the coaching of Kirsty Graham. Kate Hooper stepped into the Coach role this year for the Stars and finished 2nd in her pool. This led to a crossover game between the Stars and Flames during which each team lost a player to yellow cards. We finished the tournament on 2nd and 4th respectively. On the men's side, after losing more than half of their experienced players, the Northern Thunder, coached by Rob Logan managed to finish in 8th. The Southern Braves, Coached by Jeff Kennedy, went into the tournament with a tough draw and lost several important games early on to finish in 5th.



2019 WA U15 Girl's Flames Team – Grand Finalists

2019 saw many of our West Australian superstars representing their country on the National Stage. Madison Copeland, Emily Wills, Olivia Wills, Ocea Leavy, Libby Blair, and Co-Captain Rhiannon Panting had a wonderful tournament in Canada. Australia defeated England in the Bronze medal game, claiming the bronze medal and moving up in their world rankings. Madison Copeland was the only Australian player named on the 2019 World Team. In Box Lacrosse, Lucas Wood, Benjamin Muxlow, Simon Fleet and Gareth Allen represented Australia proudly in Canada improving Australia's overall standings.

In most teams, the biggest red flag is the lack of coaches putting their hands up for a position. Many people who are qualified for these coaching positions cannot help because of the monetary commitment. The High Performance Committee believes that if the cost to the coaches cannot be neutralised, we will not be able to attract the best people for the job. The coaching tends to rest on the same shoulders every year and it is not sustainable.

Thank you to the LWA board for your continual support of High Performance. I would also like to offer a special congratulations to all of the state and international representatives. It is an honour to represent all of you in this position, but we would not be where we are today without the time and dedication of the coaches, managers, officials, players, and community. Thank you so much for your support and passion for lacrosse!

2019 DIRECTOR OF DEVELOPMENT

Bill Bowran

Schools Program



2019 has been a difficult year with many clubs struggling for development officers.

As people would be aware we no longer received funding from the state government through the Healthway Smarter Than Smoking as this program has now finished.

Some clubs have done an outstanding job in working with the schools in their areas and working with the Quick Stix program to get into the schools in their area.

Club Development Directors were responsible for contacting schools in their area, and multiple Modcrosse sessions per class were to be offered. Some clubs had allocated budgets for development while others failed to put the processes in place to continue the work from previous years. We have had the Quick Stix program running for a couple of years now and continues to grow and to be quite successful in particular areas.

SUMMARY OF WORK CONDUCTED THROUGH OUT THE YEAR UP TO OCTOBER 2019

Modcrosse – 148

Indoor League, Summer Crosse, Summer Lax – 520

Come and Try Days – 702

Gala Days, Lightning Carnivals, Interschool – 6,647

LWA Clinics, Club Clinics – 8,393

Total – 16,410.

Quick Stix Participation

Term 1 - 1271

Term 2 - 1979

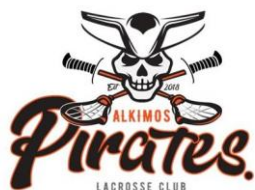
Term 3 - 614

Term 4 - 1276

Total - 5140



REPORTS – CLUBS



2019 ALKIMOS LACROSSE CLUB ANNUAL REPORT

Hamish McKay – President

The Alkimos Pirates Lacrosse Club has enjoyed a challenging yet successful second year. When we started this club, Simon Danby always talked about the second year being the hardest and he wasn't wrong. Off the back of a successful Inaugural year in 2018, with so much hype and excitement, and the massive amount of effort and work completed to set up our amazing club, to say that the pirates needed a break was an understatement. Coming into the 2019 season we were a little behind the eight ball, we struggled with some of our reports and getting registrations completed correctly, and we didn't spend enough time during the off season getting organized. But as a team we worked together and our committee stepped up, working on streamlining some of our processes and focusing on achieving reasonable goals.

We set a few challenges for ourselves this year and I am very proud to say that we pulled them off.

- Fielding our first juniors teams in the LWA Competition, in the form of U11's and U13's
- Hosting the Women's games at home
- Maintaining momentum with our Senior Men's and Women's teams

Juniors

This year our debut junior program thrived; we had a huge intake of 23 new juniors join the Pirates as well as 16 Pirates continuing in our modcrosse program.

The Pirates' year saw Konrad Frankee from WJLC come aboard. Specifically signing up to run the U11's, we are lucky to have him as his passion and skill in running the U11's program spilled out to have a positive effect on the whole junior

program. Not only that, but Konrad has identified areas that we as Pirates, need to work on and has been a big part of starting to pull together our policies and processes to support our junior growth into the future. Our U11's had a strong year in terms of numbers and continually grew throughout the year.



2019 Alkimos "Pirates" Men's U13's Team

The under 13's had a harder start to the year as we did not have a consistent coach. Kris Ford and his crew stepped up to the task and helped turn this around. Starting with constantly borrowing players and playing with reduced numbers, by the end of the year they were comfortably getting 10 pirate players to each of their games. Well done to all the coaches, managers and parents who fought to make this happen, so much hard work was put in this year and it will be exciting to see what next year brings!

Hosting Women's Games

Unfortunately due to a clash with ground bookings with the local football clubs, we were unable to obtain our field for the women's games on Sundays. Simon thought outside the box and approached St James Anglican School, booking in our 3 allocated dates on the schools oval. It was quite an ordeal moving all the gear each of these days and then having the crew able to handle operations all day until pack up. I think the days ran relatively smoothly and we learnt how to improve on each occasion, so thanks to all those that came and participated on those days. 2020 will hopefully bring an easier opportunity to host the women's games at home for us.



2019 Alkimos "Pirates" Women's Division 2

Women's and Men's Senior Teams

Our men's and women's teams are an absolute credit to our club. Everyone is focused on culture, having a great attitude and the fun we all have as a club. As with our juniors, our success in these two teams isn't measured in wins but how everyone steps onto and off the field each and every game. There is so much positivity and our senior and more experienced players are there to help all the new players - so it is only a matter of time until that starts to translate into our on field performance.

One thing we find has really boosted the club is our combined training sessions. We run women's and men's training sessions at the same time, and will often have drills involving both teams. Our feedback has been really positive, and this coupled with the large number of new players coming on board, translates into a tightknit and supportive group- with a little bit of friendly competition between players.



2019 Alkimos "Pirates" Men's Division 3

Off field activity

It is worthwhile noting our off field activity as we are a new club, and hopefully we aren't the last club that forms in WA in the near future. Some of the challenges we have found involve our clubs structure. As the first club in 40 years to form, we have taken awhile to hit our stride and find what works well for us. There is no easy manual to follow, and every club runs things a little differently. We are focusing on setting up processes to support our volunteers through new programs to assist with registrations, looking at different apps to automate information and streamline communication with players, and ways to improve necessary work such as line-marking. Consistency and communication are the ways that we will keep our club moving forward.

Financial

A.P.L.C had 6 financial sponsors this year, which was an amazing outcome for such a small member base. A huge thankyou goes out to

- Scott and Nikki Ornsby at Bushfire Risk Solutions
- Mark Hayman and Lisa Bond at IFAB Fabrication Welders
- Darran Booth at Bridgestone Select Butler

- Kris Ford at Scott's Mechanical and Scott's Mobile Mechanics
- Joel Ford at Robson Brothers 4WD Specialists
- Hamish McKay at Hamish's Garden Care

Without these sponsors we wouldn't have been able to field such a successful junior side, and we thank you enormously.

People

Our club has the honour to announce some individual success this year within our ranks.

Marah Crane - Though Marah plays for WJLC as we don't currently field an u15's women's team, we still consider her a Pirate. Marah was selected to play as a WA rep in the Stars team this year. Look out for Marah - she is developing into a very strong laxer.

Kim Gillespie - Kim Gillespie did an awesome job as player coach for our men's Division 3 side this year and it paid off for him. Kim was voted Men's Division 3 Runner up Fairest and Best for 2019. Well done to Kim.

We would like to send out a huge thank you to everyone that has been a part of, and supported, the Pirates this year. All the players, the parents, the coaches, our canteen staff, refs and umpires, the team at LWA, the team at ALN, our sponsors, our behind-the-scenes committee and our supporters. Without your faith and hard work, the Pirates would not be where we are now and would not have been able to pull off a great second year.

We would also like to say a huge ARGHHHH to our captain Simon Danby, who is stepping down as our captain after two massive years. Simon has put his heart and soul into getting the Pirates off the ground, and we hope he is as proud of us as we are of him and of all his work. We will miss you Simon and hope to see you around the club in 2020.



2019 Alkimos "Pirates" - 2019 South West Lacrosse Tournament - Busselton



2019 BAYSWATER LACROSSE CLUB ANNUAL REPORT

Bill Bowran – President

The 2019 season for Bayswater Lacrosse Club was a great time for our club.

Bayswater was well represented in a number of state teams for 2019 for both men & women.

I would like to thank all of our players, supporters, volunteers, members and committee members for all their support and hard work at the club.

This season would not have been possible without the help and dedication all of our wonderful Bayswater Lacrosse community who, week in and week out, support our players and help with the running of our club.

A big thank you goes out to our executive, Narelle Tatlow for her efforts as Finance Director. Murray Gates for Vice President and Margaret Morley for stepping into the role of club manager, I really appreciate the support they have given to me and committee members to keep our club running.



Men's State League player, Max Rowse – Kuljak Medal winner and 2019 LWA All Star

We have been fortunate enough to have two talented players from the USA this season, Casey Elkins and Sam McCoy, who put in time and effort to assist with coaching our under 17's team. Warren Brown was a huge help both coaching at the start of the season and assisting Casey and

Sam once they arrived from the USA. This season we saw our U15's boys, coached by Max Rowse & Josh McDavitt, work hard throughout the season with most boys playing U15's & U17's throughout the season. Julian McGrath did another great job with the U11's and Lloyd Morley had another good season with our U13's boys.

Our junior girls continue to perform extremely well and all teams had great success this season, our U13's coaches Chloe Tatlow & Isla Frazer did a great job. I must commend Chloe on her Scholarship to Walsh University in the USA this is a fantastic opportunity and I know we all wish her the very best in her lacrosse and studies.



*2019 Most Outstanding BLC Club Person
Rachel Anderson*

I must say Rachel Anderson & Maddy Koelmeyer have had another amazing year coaching together both in U15's & U17's girls and the club really appreciates the effort from these two they do a great job with the girls as well as playing themselves.

Our State League men's team again performed fantastically well to reach the grand final and played a terrific game to defeat East Fremantle, it was an awesome effort and we should be very proud of every one of the players & Adam Jorre de St Jorre who has a premiership in his second year as coach, great job Frenchie! Congratulations also to Max Rowse who won the Kuljak

Medal for best player in the men's state league grand final. A big thank you to Glenn Morley & Mark Graham for all the help to Frenchie & the team.

Another tough year for our boys in Division 2 but as always a great effort and never say die effort by all, a big thanks to Glenn Morley for making the time to coach the team, we all know Glenn has a very hectic schedule.

An awesome effort by our Division 3 guys this season to make the Grand Final, defeating East Fremantle in the preliminary final only to go down to Wanneroo in the GF in a hard fought low scoring game, albeit in fairly controversial circumstances. A great team effort guys!

Liz Shields is doing a fantastic job as always coaching our Women's State League and has worked hard to continue the improvement in our players and team from last year, all the girls are working really well and those wins are not too far away.

To Zoe Day and all the girls in Division 2 women's you have had another fantastic season, great team effort.

Acknowledgements

I think it important to acknowledge the fact that Bayswater LC has been well represented in our sport this year at a state & national board level. We have Glenn Morley National President of ALA, Evan Walters as State President of LWA, Murray Gates and myself as Directors on the board of Lacrosse WA.



*2019 LWA U17 Fairest and Best
Jakson Bowran*

Congratulations to Donal Wild who made the state senior men's team also to Chloe Tatlow and Emma Green who made it into the state women's team who travelled to Melbourne for the championship. Also congratulations to Adam Jorre de St Jorre (Assistant Coach) and Mark Graham (Statistician)

Bayswater Lacrosse Club was again well represented in the state Under 18's boys team by Jakson Bowran, Donal Wild & Josh Tatlow, with myself as team manager. In the girls we had Chloe Tatlow, Isla Frazer, Rebecca Adamson, Millie Doherty and Liz Shields as assistant coach along with Faye Beaman as team manager.

Special congratulations to Max Rowse & Josh McDavitt who made the WA Men's All Stars Team, great job boys.

We would also like to congratulate Jakson Bowran on being awarded Fairest & Best for LWA U17's boy's competition and Veronica Keen R/Up Fairest & Best LWA U13's girl's competition, fantastic effort by both of you.

Our club is forever appreciative of the tireless work put in by our wonderful volunteers. On behalf of Bayswater Lacrosse Club, we are especially thankful to the Committee, players and volunteers who made this year a success, namely;

* Faye Beaman & Margaret Morley in the canteen along with help throughout the season;



*2019 LWA U13 R/U Fairest and Best
Veronica Keen*

* Kieran McCoy & Brett Mayer for their help in maintaining our field marking;

* Sue Kirkby, Nicole McKenna, Carole Bowland, Les Wild, Evan Walters, Julian McGrath and John Keesing for their efforts as officials;

* Matt Tatlow as Bar Manager and Mike Gates and others as regular bar attendants;

* Liz Shields, Rachel Anderson, Zoe Day, Maddy Koelmeyer, Chloe Tatlow, Isla Frazer, Julian McGrath, Lloyd Morley, Mike Burton, Max Rowse & Josh McDavitt and Warren Brown for their work in coaching;

* Margaret Morley for making all the amazing Thursday night meals for Senior Men.

A further thank you is extended to all of the assistant coaches, junior umpires, team managers, scorers and timekeepers who tirelessly help our teams get on the fields each week.

It is the commitment of so many that makes Bayswater such a strong club now and moving into the future.

We would not be able to achieve the successes we have achieved without the continued support of our incredible sponsors. I would like to acknowledge and thank all of our sponsors, but in particular:

- Kim from Celebrations at Charlies;
- Matthew & Narelle Tatlow from Perth Stairs
- Ken MacLenann Loan Market Corporate
- Mike Burton from Loan Market South Perth
- Mark Whiteman Ray White Corporate
- David Whiteman Ray White Real Estate Mirrabooka
- Craig Hollingbery CH Signs & Print

I lastly would like to thank everyone at the club who has helped in any capacity this year it's been a year and I can't thank you all enough.

Thank you again for all your support this season, we look forward to a fantastic 2020.



2019 EAST FREMANTLE LACROSSE CLUB ANNUAL REPORT

Tony Martella – President

Season 2019 followed on from the previous success of 2018 in as much as we were competitive across all grades, winning 4 of 7 Grand finals entered, as well as continuing to grow and improve the junior recruitment and development programs undertaken.

Any eventual 'success' achieved ultimately comes from the overall commitment to achieving positive results, working together and a unity of collaboration amongst club members.

Results

To the club teams across all the grades, I was not only extremely pleased but also gratified by their effort and work that each demonstrated and achieved in season 2019. Additionally, the EFLC Board were working hard behind the scenes in making sure objectives were met.

The fantastic junior development work undertaken, including in school and after school, learn to play lacrosse and our mozzies programs was outstanding and continues. The levels of participation and involvement has been not only remarkable but also amazing in seeing so many young, energetic and engaged players and most importantly becoming a part of our club and the game.

The future of the club and sport lies within regeneration and continual replenishment starting at the very youngest of participants. I am not only excited but also greatly encouraged by our work undertaken in this area by all of our development team. This bodes well for 2019 and beyond. To all involved in the development team, well done and thank you.

ALA U18 National Tournament

A special thank you to all the club volunteers and supporters who helped make the tournament the success that it was. A special note to Tournament Co-Directors Annabel Wills and Sue Secker



*East Fremantle State League players in the
2019 LWA All Star Team*

especially in the lead up work, bid proposal and organisational efforts of making the event run as it did. Thanks to LWA for their support and confidence in EFLC.

Our premiership teams in 2019 were:

- State League Women's Minor Premiers and Premiers. New LWA Record of 5 Consecutive Premierships.
- U13 Girl's Minor Premiers and Premiers
- U15 Boy's Minor Premiers and Premiers
- U13 Boy's Minor Premiers and Premiers
- State League Men's, U17 Girl's, U15 Girl's and were also grand finalists as was Division 3 Men Minor Premiers.

This was especially pleasing and a positive step in reaching an important KPI of our existing strategic/operational plan.

Across the teams, areas of participation levels, introduction of new players, volunteer support, junior recruitment, school's programs, was very much apparent. It was another great effort by those involved.



*East Fremantle players in the 2019 U19 Australian Women's Team
Ocea Leavy, Olivia Wills, Emily Wills and Madison Copeland*

State League Women's - It was particularly pleasing to see this team continue to be the benchmark for the competition with a fifth successive premiership. The State League Team has been without doubt the standout performer for EFLC especially in recent years.

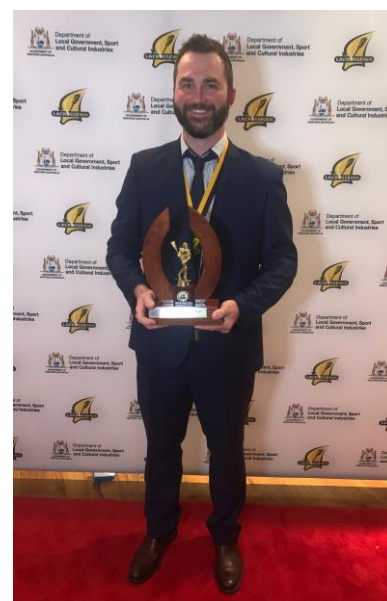
Coached by Tegan Brown and ably assisted by Jeff Kennedy and Charlie Weymess. The State League team again demonstrated the desire and application needed to succeed and to be successful with a record 5 consecutive premierships. Number 6 for 2020.

Especially pleasing was the development and growth of the young playing group with special mention of Madison Copeland for another standout season and individual performance.

Another competitive and rewarding season for all the junior teams. A big thank you to all coaches, officials, supporters and family who helped and participated across all the grades. This will no doubt set the scene for another great year in 2020.

Significant Milestones

- Madison Copeland,
 - RAC Sports West Awards 2019, Hyundai Junior Sports Star Finalist
 - LWA Kuljak Medallist
 - LWA Runner Up Women's Fairest and Best
 - Club Most Consistent
 - Club Best in Finals
 - LWA All Star Team
 - 2019 Shelly Maher Trophy Winner
 - Australian U19 Australian Women's Lacrosse Team Member
 - Bronze Medallist - 2019 World Lacrosse U19 Women's World Championship
 - All World Team - 2019 World Lacrosse U19 Women's World Championship
- Courtney Johns,
 - LWA Fairest and Best, Division 2 Women's
 - Club Fairest and Best, Division 2 Women's
- State League Women's team continues to be the benchmark of excellence and success for the sport with fifth consecutive premiership.
 - RAC Sports West Awards 2019 - Channel 7 Perth Team of the Year Nominee



*2019 LWA Runner Up Fairest and Best
Ryan Spark*

- LWA All Star Team, Madison Copeland, Jessica Kennedy, Emma Graham and Tegan Brown (as a player and All Star Team coach)
- Tegan Brown RAC Sports West Awards 2019 – KPMG Coach of the Year Nominee
- 2019 World Lacrosse U19 Women's World Championship
 - Australian U19 Australian Women's Lacrosse Team Members, and Bronze Medallist - 2019 World Lacrosse U19 Women's World Championship, Emily Wills, Madison Copeland, Ocea Leavy and Olivia Wills.
- Sue Milne
 - RAC Sports West Awards 2019 - Community Official of the Year Nominee
- Ryan Spark,
 - LWA Runner Up Fairest and Best.
 - LWA All Star Team.
- State League Men's team
 - LWA All Star Team representatives – Ryan Spark, Cam Evangelho, Brock Beall and Mitchell Kennedy.
- 2019 State and International Representatives (combined) including Braves, Stars and Flame Junior teams.
- Special mention to:
 - Anna Hutchinson LWA Fairest and Best, U13 and U15 Women's
 - Lachlan Walker Wanneroo-Joondalup Lacrosse Club as the winner of the O.C. Isaachsen Trophy for 2019 Best Male Player in Australia.

LWA

Special thanks to our club members involved with the ongoing work and support with LWA in

Annabel Wills, Bev Leavy, Sue Milne and Tim Kennedy.

Special Projects/Development

As all clubs are acutely aware, the need for junior recruitment and participation remains the most important strategy for whole of club.

Next year, the continuation and extension of the 2019 Schools Based Programs will be the major development program and initiative EFLC will engage with. In addition, and as compliment, the implementation of a Saturday Modcrosse competition will take place as a priority.



2019 U13 and U15 Women's Fairest and Best, Anna Hutchison and U15 Runner Up Fairest and Best Emily Dawson

Members

Congratulations to worthy recipients in this year's club Awards. Shaun Leavy – Certificate of Merit and Sue Milne – Life Membership. Two worthy winners and well deserved.

EFLC Board and its members

As is to be expected, some of the current Board will not be returning in 2019. New Directors are likely, and several others have expressed interest in coming on for next year. To those leaving thank you for your efforts and to those new arriving I look forward to their support and input.

To the 2019 Board, all the club members and supporters, I thank them for their commitment and efforts in another successful year that was season 2019. I look forward to next season with great anticipation and enthusiasm.

2020 will be the start of what we hope will be another successful and rewarding season. I look forward to getting back to the club as soon as preseason.



2019 Premiers and Minor Premiers – East Fremantle Women's State League Team Captains Emma Graham and Jess Ingram



2019 PHOENIX LACROSSE CLUB ANNUAL REPORT

Colin Moir – President

2019 Has been a positively huge year for Phoenix Lacrosse Club.

Referring back to the Vision document prepared for the 2018 AGM that also detailed the intentions we had set for 2019, it is pleasing to record that 6 of those 8, were intentionally achieved and the 7th (development/junior recruiting) happened almost organically with limited resources available.

That has been so inspiring. It is the path to pulling the Vision for the club into being, shows that being clear about what we want keeps everyone on the same page and it inspired Council to throw their support behind our growth and wellbeing.



*2019 LWA U13 Fairest and Best and U15
Runner Up Fairest and Best Kade Moir*

2019 was the year of many contributors to the operating of the club, with strong assistance from players, parents and families in general.

I would like to thank our Management Committee for the amazing amount of time and commitment they have brought to the club this season. Your tireless contribution and passion for steering the club into and through 2019 has been nothing short of superhuman.

A big thank you to our Canteen Crew. You are so great at keeping the hordes happy with tasty food and happy service during the season.

To our Coaches, Referees, Managers, Officials, Grounds Markers and Helpers – In the moments of business getting teams on the park & managing the club, we

sometimes lose sight of the value that you all bring to your role and your commitment to the club. However, please know that your efforts are seen, heard & appreciate. We do recognize that you are a vital cog in the wheel of Phoenix, we often send our silent thanks but today, we publicly offer you our most sincere thanks for your involvement & contribution during this year.

On The Field

Our intention was to add a Men's Division 3 Team and a second U11's Team. We achieved the Division 3 team, while our U11's numbers started off very slowly –by the end of the first round we tipped the numbers to having just enough to field 2 x teams.

Recruitment numbers this season across our juniors has been fantastic, with 16 x new players joining Phoenix, adding to the great depth we have coming through from U11's to U17's.

Teams were fielded in the following grades:

Boy's 1 x U11's, 1 x U13's, 1 x U15's, 1 x U17's

Men's 1 x D3, 1 x D2

Throughout the season we had many Phoenixers represent the club through LWA State and Regional Teams.

The ALA National U18's Tournament was held in Perth, and 5 of our players represented WA, with the team finishing 3rd.

Eight of our U15's boys represented LWA in the Southern Braves & ALA Presidents Teams, who travelled to Adelaide. The Brave's had a solid tournament and came away with 5th place out of the 10 teams from around the country. The Presidents boys had a great carnival & were great ambassadors for the club. Colin Broz & Jo Lofgren were represented us as Coach & Manager of the Presidents team too.

- Boys U18's WA State Team (5 x Players)
- Boys U15's Braves Team (5 x Players)
- Boy's U15's ALA Presidents Team (3 x Players)

Division 2

Our Senior Men's Team had a huge home and away season, finishing as Minor Premiers. An outstanding year with a great mix of experience and youth coming together, forming a formidable team. We went through the season with just the one loss. Unfortunately, we didn't make it through to the Grand Final after losing in the Preliminary Final to Wanneroo-Joondalup Red. It was great to see Head Coach Nathan Rainey blood another 4 of our junior players into their first season of Seniors. Nathan has continued to develop our senior program after being at the helm for 2 x seasons. Next season will be a great challenge and exciting time for the club as we prepare to rise to LWA State League for the first time in 5 years.



2019 LWA Division 2 Fairest and Best
Shane Thomason

Capping off a brilliant season our D2 side had 3 players finish in the top 4 x in the LWA Association F&B voting, with Shane Thomason taking out the Association Fairest & Best Award, a great reward after a huge season as the club's Face Off guru....

Division 3

After 3 x Seasons of having just one Senior men's side, our goal of fielding D3 this season was achieved. The team had a solid season, claiming some great wins along the way. Much like D2, we had a terrific mix of young and old coming together. The team had a great comradery and just missed out on playing finals, finishing in 5th place. Now that the team is up and running, there are 'rumbles' coming through that more of our past senior men are looking to get back involved and suit up next season.....



*2019 Premiers and Minor Premiers Men's U17's
Captains Rhys Valsacchi and Ayden Scott*

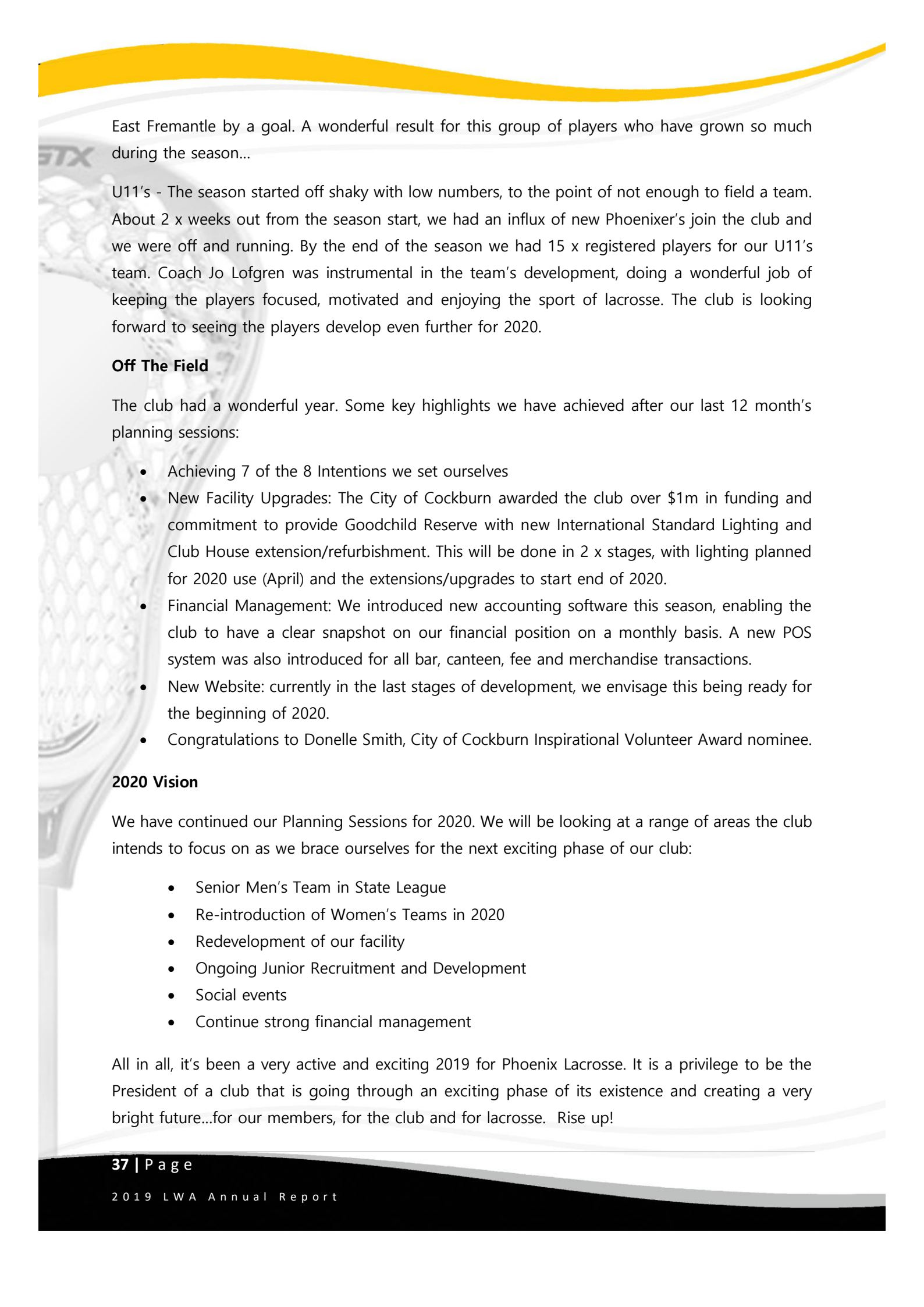
U17's - Our U17's had a fantastic season, finishing as Minor Premiers and Premiers, winning the Grand Final against Wanneroo-Joondalup. A great progression from our U15's boys last season stepping up into U17's, whilst also promoting some of this year's U15's in their first try at U17's. Coach Gavin Leavy was in charge for the 2nd year in a row and was a great influence on the team, keeping the players focused and continuing to improve throughout the long season.

U15's - The U15's had another wonderful season, making the finals for the 5th consecutive year. After just having enough numbers to get the season under way, we were fortunate to have 4 x new recruits join as first year players for the club. The boys were welcomed from day one and had an incredible first season. It was really pleasing to see the side develop toward the end of the

season after a slow start, being the only team to beat and draw against eventual premiers East Fremantle.

Congratulations to Kade Moir, he had a great season, finishing the season as Runner Up in the LWA U15's Association Fairest & Best, and the LWA U13's Fairest & Best trophy. A huge season that we hope precedes ongoing growth & success for him.

U13's - Another season where our U13's had plenty of new faces and first-time players stepping up from our U11's program. Great to see our experienced players playing a team game all through the season. Coach Jo Lofgren did an incredible job this year bringing the kids together to create a wonderful group of future stars. The team made it to this year's Grand Final and just went down to



East Fremantle by a goal. A wonderful result for this group of players who have grown so much during the season...

U11's - The season started off shaky with low numbers, to the point of not enough to field a team. About 2 x weeks out from the season start, we had an influx of new Phoenixers join the club and we were off and running. By the end of the season we had 15 x registered players for our U11's team. Coach Jo Lofgren was instrumental in the team's development, doing a wonderful job of keeping the players focused, motivated and enjoying the sport of lacrosse. The club is looking forward to seeing the players develop even further for 2020.

Off The Field

The club had a wonderful year. Some key highlights we have achieved after our last 12 month's planning sessions:

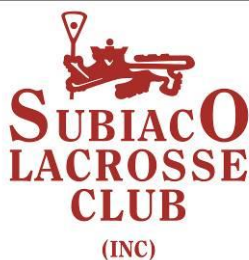
- Achieving 7 of the 8 Intentions we set ourselves
- New Facility Upgrades: The City of Cockburn awarded the club over \$1m in funding and commitment to provide Goodchild Reserve with new International Standard Lighting and Club House extension/refurbishment. This will be done in 2 x stages, with lighting planned for 2020 use (April) and the extensions/upgrades to start end of 2020.
- Financial Management: We introduced new accounting software this season, enabling the club to have a clear snapshot on our financial position on a monthly basis. A new POS system was also introduced for all bar, canteen, fee and merchandise transactions.
- New Website: currently in the last stages of development, we envisage this being ready for the beginning of 2020.
- Congratulations to Donelle Smith, City of Cockburn Inspirational Volunteer Award nominee.

2020 Vision

We have continued our Planning Sessions for 2020. We will be looking at a range of areas the club intends to focus on as we brace ourselves for the next exciting phase of our club:

- Senior Men's Team in State League
- Re-introduction of Women's Teams in 2020
- Redevelopment of our facility
- Ongoing Junior Recruitment and Development
- Social events
- Continue strong financial management

All in all, it's been a very active and exciting 2019 for Phoenix Lacrosse. It is a privilege to be the President of a club that is going through an exciting phase of its existence and creating a very bright future...for our members, for the club and for lacrosse. Rise up!



2019 SUBIACO LACROSSE CLUB ANNUAL REPORT

Michael Wann – President

Our 2019 season enjoyable season with solid progress and mixed results. Our thanks to our faithful volunteers, coaches, parents, members and players who maintain their support of our junior development and club involvement to sustain our presence and growth objective.

We welcomed the opportunity to host players and parents as loan players (in and out). Following the loss of Healthways funding, the club made a significant commitment to investing and supporting local school programs. A key focus of these programs was developing close customer relationships with Shenton College, Subiaco and Rosalie Primary Schools to develop 5 and 10 week lacrosse curriculums to align with the needs of schools and students. Additionally we have developed and delivered various School Holiday and Inter-Faculty programs with University of Western Australia (UWA). The feedback and progress was extremely positive and have commenced new programs in Term 4. We are hoping to extend these programs in 2020, though dependent on our budget and income.

Our thanks to the ongoing support from LWA and in particular Roxanne Leavy and Murray Gates. Roxanne and Murray continue to go above and beyond their allocated duties. Their care, passion and time commitment is acknowledged and appreciated.

Our thanks to the Australian Lacrosse Network (ALN) for promoting and covering lacrosse locally, nationally and globally.

Our AGM is scheduled for 21 November 2019.

Our highlights

1. Junior men player numbers and teams.

Our Mod-X program continues to go from strength to strength, with several families committed, as well as fielding a full teams in partnership with the Wembley modcrosse competition. We will look forward to continue to partner with Wembley to grow and deliver the modcrosse program.



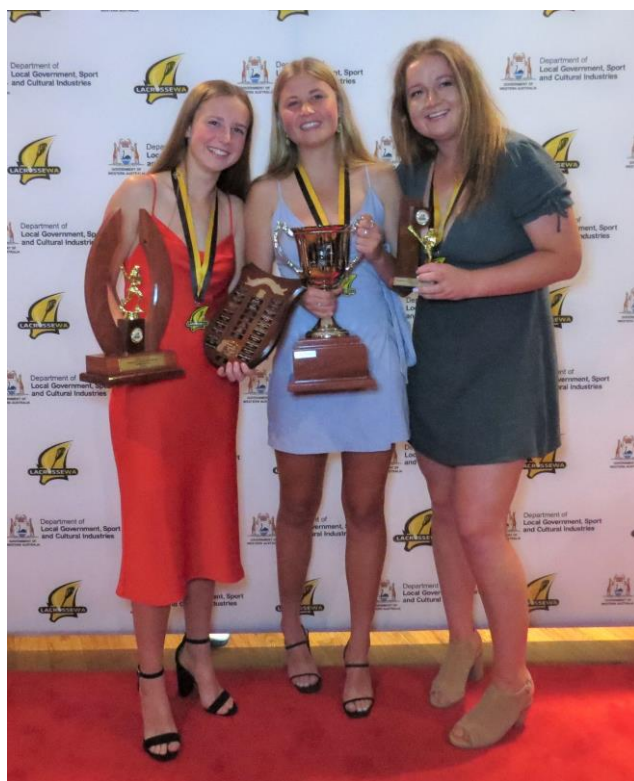
*2019 LWA U15 Men's Fairest and Best
Luker Kentfield*

Our thanks to Betsey Newman for her involvement and championing modcrosse with Rosalie Primary School. Also our Development Officers Trevor and Shayne O'Brien, Robert Logan and Kate Hooper.

We were excited and for our mid-season inclusion of a U/11s team, though our numbers were limited

We fielded full teams in U/13's, U/15's and U/17's (combining with Wembley). The improving players development, performance and results attributed to the commitment and efforts at training from players and coaches. Thanks to our coaches and managers.

Our thanks to Wembley for their support and sharing the common goals for us to all do what we can to keep players involved.



2019 LWA Women's State League Fairest & Best and LWA All Star – Shannon Mitchell, Women's State League Highest Goal Scorer & LWA All Star - Erin Mitchell, LWA All Star – Kate Hooper

2. Improved Senior player numbers, performances and results.

Our State League Women's team made considerable improvement and progressed further into the final series.

While our State League Men's team improved on their number of wins, the winning streak started too late and missed finals.

Our congratulations and appreciation to Paul Fisher for his nomination in RAC Coach of the Year category.

3. Representation in and contribution to State and National teams.

We were very pleased and proud of all our players and coaches who performed in or are trying out for State and National teams. Subiaco made a significant contribution to State Team coaching with Travis Roost (Senior Women), Paul Fischer (Senior Men), Robert Logan and Paul Fischer (U/15's) and Kate Hooper (U/15's).

4. Hosting Women's games on Saturday's.

We welcomed the opportunity to host 3 rounds of Women's fixtures. We look forward to building on this with potential to host some Women's games on same day as Men.

We hope to host a pre-season Gala Day (or Olympic 6s) for all clubs and all grades across Women's and Men's in 2020.

5. Sponsorship.

We are thankful for the significant contribution from our major Sponsor, Hartac. Our appreciation and gratitude goes out to Paul and Phil.

6. Commitment and contribution of volunteers

Our special mention to Helen Heppingstone, Anna Forest, Robert Logan and Dan Ryugo for going above and beyond in their time commitment and investment to the club.

7. Development of Strategic Plan 2020 to 2025

Many of the objectives and action plans have been executed with mixed results. In collaboration with members we are renewing our strategy so we can align and sustain our structure, growth focus and operational activities.

Our areas for improvement and focus in 2020

1. Grow Junior players numbers and teams.

We have increasing concern in being able to field teams in 2020. We are continuing to work closely with junior parents and players for feedback on how our club can improve and grow.

We will be leveraging our school programs and relationships to attract players. We are in discussions with other local high schools to expand our schools programs.

Our key actions:

- Focus on recruitment strategies and activities to attract players and teams from local schools;
- Promotion of local games and events (including Summer Lacrosse, Anzac Day game and Finals)
- Proposing to run 6 a side lacrosse for schools (on campus and Rosalie Park) to test attracting players to a day and time that doesn't compete with other sports.

2. Continue to engage with members and invest in what matters most for Subiaco

We are increasing our direct engagement with players, parents and members to guide our focus and investments. Through the Stronger Communities Programme, the club received a co-contribution to new back up netting to improve the safety of other Rosalie Park Users and local community. We look forward to the arrival of new playing and training equipment in late 2019.

Our key actions:

- Continue to explore grant funding options that will support our commitments and investment.



2019 LWA U17 Men's Fairest and Best Runner Up – Ethan Kentfield

3. Smaller, shorter, quicker and more involved formats to increase attractiveness and participation of lacrosse.

We will be looking to trial smaller, shorter, quicker and more involved formats (e.g. half size field, 5 v 5 or 6 v 6, less players per team (more teams), shorter time periods) to understand the attractiveness and benefits for new and experienced players. This is line with the FIL announcement of the Olympic 6s format.

Our key actions:

- Coordinate with interested players, teams and clubs during off season.
- Hold 2020 Gala Day at Rosalie Park for all clubs and teams.

- Promote, support and attract players and teams from local schools and university.

4. *Losing sight of what clubs and developing players, coaches and teaches need to understand, develop and grow lacrosse.*

An area of concern that continues to be observed and expressed, that there is overweighted focus on State and Australian representative teams at the expense of supporting the development and promotion of local and club lacrosse by the governing body (ALA). This does not appear to have proportional alignment with the ALA's Constitution Objects.

While scattered throughout endless online channels there is no single source for this information is freely accessible in Australia. In acknowledging and appreciating the materials available through Quick Stix Program, these materials are restricted and not freely available. We believe this should be a core responsibility and area of focus the overarching association and governing body (ALA) as illustrated by many other sports.

Our key actions:

- A key pillar of our Strategic Plan focuses on growing our players and player numbers.
- Seeking grant funding to support the club's investment in our local schools and university programs to generate awareness, relationships and pathways for players, parents, teachers or volunteers to grow the various forms of lacrosse and Subiaco Lacrosse Club.
- Working with local schools and university to develop and tailor modified lacrosse programs that can be delivered over a part of full term (5 to 10 week programs) for them, with them or by them.



2019 Subiaco Senior State Team representatives



2019 WANNEROO-JOONDALUP LACROSSE CLUB ANNUAL REPORT

Dean Stampalia – President

This year at Wanneroo-Joondalup has been a long and arduous one; our Modcrosse program was running strong, our junior Lacrosse sides were filled and it looked as though our senior teams would follow suit. After a number of regular rounds though, we were unfortunately forced to drop one of our division 3 Men's teams whilst also having our senior Women's teams playing with very minimal numbers each week due to numerous circumstances, notably though still having our Division 2 ladies making it to the grand final and coming up victorious was a sight to see.

Though we did have a few setbacks during the season it did not stop our club as a whole from having a fairly decent year; our Modcrosse competition started a program wherein which we can allow our juniors to try out lacrosse in an environment with less outward pressure, we introduced an u11's lacrosse team to the competition in which they performed outstandingly well and alongside these two fantastic achievements, our junior and senior lacrosse teams all had a relatively decent season with multiple junior teams making it to the grand final and three of our senior teams all taking home a premiership flag.



L-R Lachlan Walker Men's State League Fairest & Best, Highest Goal Scorer and LWA All Star, Greg Mulcahy Division 2 R/U Fairest & Best, Luke Walton LWA All Star and Kris Fenn Division 3 Fairest & Best



2019 U17 Women's Runner Up Fairest & Best
Demi Czyski

Lachlan has gone above and beyond this year, taking out the Cann-Griffin award for highest point getter in WA coupled with being the recipient of the O.C. Isaachsen Trophy, naming him Australia's Fairest & Best men's player as well. Lachlan is the very first Wanneroo-Joondalup player to receive this award and we hope to see it return to the club in future years.

Another season over at Wanneroo-Joondalup Lacrosse Club and I could not be prouder to be at the forefront of this amazing club, we are always striving to be the best we can be and are always working on creating a fun and safe environment for all of our members. I look forward to what is next and can't wait to see what the future holds.

Being the host of the 2019 finals series, we wanted to make sure that everything went to plan and that we provided the best possible experience to all those that participated. Achieving this was no easy feat as it seemed there was always something trying to pull us away from our goal; though with the help of our stellar finals committee and numerous other helpers throughout the club, we came together and delivered a finals series to remember.

Wanneroo-Joondalup had a number of members represent our state and country this year, through their hard work and dedication they are continually growing as players and in turn, our club as well, showing that we have some amazing talent and depth throughout all levels of play. I would like to make a special mention though about one person in particular, that being our 2019 State League Head Coach, Lachlan Walker.



2019 LWA Division 2 Premiers



2019 WEMBLEY LACROSSE CLUB ANNUAL REPORT

Amanda Plummer – President

Wembley saw its second year of recruitment unfortunately fall this season. Although still managing to field multiple teams in various junior grades, the obvious area of decline was Modcrosse. Something that we didn't want to see happen by filling the next grades. Finding a suitable Director for this role can sometimes be quite difficult. Something we are currently working on going forward to ensure the immense work put in on the previous recruitment drive is not lost entirely.

Whilst saying that fielding two U11's, two U13's boys and two U13's girls' teams is quite an achievement! One of each of these teams managed to make finals and with another season under their belt well see event better results. Our U15's and U17's girls pulled up yet again into finals and came out with a win this year. Something we are very proud of; this cohort of girls coming through is very supportive of each other and have great leaders and coaches which makes all the difference.

Our seniors groups this season was again successful to have 2 senior women's teams in the grand final. Comfortably filling two Division 2 women's teams is a great testament to the group of players amongst this grade. Unfortunately not finishing it with a win on the day is only a small loss to the wonderful group of players that have built a close knit community and bond. Our senior men's group were unfortunately not as successful on paper this year. With a few transitions of coaching staff and players saw the impact of this on game days. Division 2 men's saw the new ruling upstage their finals outcome and a hard lesson learnt.

Overall we are happy with the season. The biggest thing we have taken away from this year and some of last season was the lack of fixturing home games for the men's games. Certainly not taking away from the immense task Murray takes on every year looking after this. We are extremely grateful. However we would like to ensure looking into 2020 clubs have a better chance to be able to obtain a profit from full day of hosting games as has been for many years. With the broken fixturing seen where days can have 1 or 2 games a day at home and as such possibly weeks on end makes it hard to be able to obtain profits. With development now the responsibility of the clubs every dollar taken is now more imperative than before.



*Wembley players in 2019 U19
Australian Women's team, Libby Blair
and Co-captain Rhiannon Panting*



2019 ALRA (WA) ANNUAL REPORT

Blair Fraser – President

2019, despite some challenges, provided another demonstration of ALRA's commitment and delivery of referees for Men's Lacrosse.

We were able to have all State League games officiated by qualified and enthusiastic referees. In Division 2 and 3, ALRA provided assistance and leadership to Club referees.

This should be seen in the context of State League having only 5 teams, and therefore only requiring referees for two games a week.

We note that a number of club referees, who did a number of games, were not accredited to officiate. Of course, there is an obvious problem that these good folk may not know all of the rules and variations for junior games. But also, the insurance cover held by Lacrosse WA may not apply in the event of someone getting hurt, in the absence of a qualified official.



*2019 Cyril Allman medallist, Cameron Mulcahy,
Best Player in the Division 2 Grand Final*

ALRA provided referees to the three interstate competitions, and of equal importance, we have provided coaches (previously known as Assessors) to the referees at those championships. With coaches from other ALRA branches, we ensure the development of officiating in WA, and throughout Australia.

Referees at the younger end of the cohort have benefitted from their exposure to National events. They are now consistently ranked as the best referees in both WA, and Australia. In this regard, the referees chosen for the 2019

State League Grand Final, Kim Panton, Tim Kennedy and David McCrae (ably supported by old boys Peter Mulcahy and myself) demonstrate that refereeing in WA will be done

well for at least the next decade. In addition to those referees, there are other young ALRA referees who will be vying for important WA, Australian, and international games.

But of course, we need to increase the number of people committing to the standards and excellence that ALRA WA has consistently demonstrated.



KULJAK LACROSSE CLUB (Inc)

2019 KULJAK LACROSSE CLUB (INC)

Peter Ballarine – President

I am pleased to advise that the Kuljak Lacrosse Club has had another successful year supporting WA lacrosse.

Our year started with the Annual Breakfast held at the Hillarys Yacht Club in March and was a huge success. It was a fun morning where those who attended caught up with old friends and swapped stories.

Our guest speaker was Simon Fleet from the Wanneroo Lacrosse Club and the playing coach of the WA box team that competed in the 2018 Australian Championships held in Vic. Simon gave an interesting and informative talk on the current situation of Indoor Lacrosse in WA.

The Kuljak AGM was held in the Wembley Club Rooms on Anzac Day prior to the Men's State League game between Subiaco & Wembley. The meeting was well attended and all positions were filled: President: Peter Ballarine, Vice President: Bill Barton, Secretary: Terry Ambler, Treasurer: Ian Toy, Committee Member: Gary Powell.

A special thanks of appreciation goes to Peter Smirk for his work over the many years in his role as Committee Member.

This year Kuljak approved a donation of \$500 to each club with junior teams to be used towards their Junior Development.



Kuljak Annual Dinner – East Fremantle table



Kuljak Annual Dinner – Subiaco table

The Annual Dinner was held in August at the RAAFA, Bullcreek. Over 40 attended the night which was a huge success. Members of the 1989 (Subiaco) and 1999 (East Fremantle) Grand Final winning teams were invited and many of those players came along and enjoyed a most entertaining evening. Thanks to our Guest Speaker Bill Bowran (President, Bayswater Lacrosse Club) who gave an informative update on WA Junior Lacrosse Development.

The Club continued its Kuljak Medal presentation tradition by funding and awarding the Kuljak Medal to the player voted the Most Valuable Player in the Mens and Womens State League Grand Finals. Mens winner Max Rowse from Bayswater and Womens winner Madison Copeland from East Fremantle.



Treasurer Ian Toy presented the Kuljak Women's MVP Medal to Madison Copeland (East Fremantle).



Secretary Terry Ambler presented the Kuljak Men's MVP Medal to Max Rowse

Membership increased by 5 this year and we welcome those new members. Joining as Lifetime Financial Members were Mark Trichilo who joined in July and Dean Borserini, John Duggan, Steve Mounsey and Drew Somers who all joined up at the Dinner.

The recently published book "A History of the Western Australian Lacrosse Association" is still being distributed and is provided as part of a new membership package. It is also available to purchase.

Kuljak membership is open to everyone so if you are in your twilight years as a player you are welcome to join up. If you no longer play and wish to stay connected to Western Australian lacrosse join up and enjoy the company of other likeminded people.

2019 LWA HISTORIAN REPORT

Ian Toy - Historian

The past 12 months has only seen the collection grow in a modest way.

The two significant items being the Billboard Poster used in the 2002 World Championship which was held in Perth. It depicts an Australian and Iroquois lacrosse player and donated by the Rooste family. The second item is a family story written by Colin Mounsey and the book has lacrosse pictures and tells of his love of playing lacrosse.

The task ahead is too sought through the material held and decide what should be retained and added to the collection.

If you are aware of lacrosse memorabilia at risk of being lost or destroyed please consider donating it to Lacrosse WA collection.

**WESTERN AUSTRALIAN SENIOR STATE LACROSSE TEAM
AUSTRALIAN CHAMPIONSHIP MELBOURNE
1959**



H Balinski R marshall J Murphy J Keen M Fleeson R Ramsay
E Biddle L Kenworthy R Hawkins V Ellis J Cowling R Turnbull F Poat
E Prout B griffin K Stenhouse D Scott A Forsyth

I look forward to receiving your support during 2020.

Contact me at iancaroletoy@live.com

2019 WA LACROSSE FOUNDATION REPORT

Murray Gates – WALF Director

During the 2019 lacrosse season the LWA Foundation provided funding for two grant applications during the year, those being:

1 - \$500.00 to Jason Reynolds, Wanneroo-Joondalup Lacrosse Club.

This funding was used to pay for the ground hire of a field in Busselton and allowed ex-players in this area to get together and play a couple of lacrosse games during a weekend in March 2019. Players from Alkimos, Phoenix and Wanneroo-Joondalup Lacrosse Clubs also attended and played lacrosse at this event. This event will also be held in 2020.

2 - \$3,000.00 to Alkimos Lacrosse Club.

This funding was used to purchase new helmets, gloves and arm guards to fit/suit their developing/new junior player base.

Please find following the financial report for the LWA Foundation.

	2019	2018
INCOME		
Interest received on Funds	\$ 1,521.75	\$ 1,721.97
Total	\$ 1,521.75	\$ 1,721.97
EXPENSES/PAYMENTS		
Bank Charges	\$ -	\$ -
APLC and PLC Country Lacrosse Fixture Payment	\$ 500.00	\$ -
Alkimos Pirates Equipment Purchases	\$ 3,000.00	\$ -
Total	\$ 3,500.00	\$ -
Accumulated Funds bought fwd.	\$ 115,030.93	\$ 113,308.96
Total Liquid funds	\$ 113,052.68	\$ 115,030.93
Represented by		
ANZ Cash Management #4550-84183	\$ 13,052.68	\$ 15,030.93
ANZ Term Deposit #9709-07818	\$ 100,000.00	\$ 100,000.00
Total Assets	\$ 113,052.68	\$ 115,030.93

STATE AND REPRESENTATIVE TEAMS

2019 U19 Australian Women's Team – WA Representatives

Libby Blair	Wembley
Madison Copeland	East Fremantle
Ocea Leavy	East Fremantle

Rhiannon Panting	Wembley
Emily Wills	East Fremantle
Olivia Wills	East Fremantle

Officials

Kellie Morley	Wanneroo-Joondalup	On-field Umpire
Suzanne Kirkby	Bayswater	Off-field Umpire



L-R Emily Wills, Olivia Wills, Rhiannon Panting, Ocea Leavy, Libby Blair and Madison Copeland

2019 World Team

Madison Copeland

East Fremantle

2019 U19 Australian Men's Indoor Team – WA Representatives

Gareth Allen	Alkimos
Simon Fleet	Wanneroo-Joondalup
Ben Muxlow	Wembley
Lucas Wood	Wembley



L-R Simon Fleet, Ben Muxlow, Lucas Wood

2019 U23 Australian Men's Team – WA Representatives

Connor Davies	Wembley
Keegan Davies	Wembley
Ashby Dennis	Subiaco
Ryan Hockey	East Fremantle

Sam Koczwar	Wembley
Lucas Koczwar	Wembley
Brayden Panting	Wembley/Williamstown
Luke Walton	Wanneroo-Joondalup

Team Personnel

Team Manager	Faye Beaman	Bayswater	Spirit of Lacrosse Award
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Officials

Susan Milne	East Fremantle	On-field Umpire
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2019 WA Men's Senior State Team

Keegan Davies	Wembley
Connor Davies	Wembley
Lucas Koczwara	Wembley
Dean Lawrence	Subiaco
Robert Logan	Subiaco
Ashby Farrell	Wembley
Simon Fleet	Wanneroo-Joondalup
Rhett Johnstone	Wanneroo-Joondalup
Mitchell Kennedy	East Fremantle
Brodie Ray	East Fremantle
Isaac Mellor	Wanneroo-Joondalup

Riley Mercer	East Fremantle
Trevor O'Brien	Subiaco
Shayne O'Brien	Subiaco
Aaron Salter	Subiaco
Mick Waddell	Wembley
Lachlan Walker	Wanneroo-Joondalup
Luke Walton	Wanneroo-Joondalup
Donal Wild	Bayswater
Sam Williams	Wembley
Lucas Wood	Wembley

Team Personnel

Head Coach	Paul Fischer	Subiaco
Assistant Coach	Adam Jorre de St Jorre	Bayswater
Bench Coach	Murray Gates	Bayswater
Mark Graham	Statistician	Bayswater
Team Manager	Roxanne Leavy	East Fremantle

Game Day MVP's: Lachlan Walker, Shayne O'Brien, Aaron Salter and Mitchell Kennedy



2019 WA Women's Senior State Team

Rebecca Banyard	Wembley
Carlyn Blair	Wembley
Hannah Mae Brown	Wembley
Kate Churchwood	Subiaco
Bailey Eastman	Wembley
Emma Graham	East Fremantle
Emma Green	Bayswater
Kate Hooper	Subiaco

Baillie-Rose Keenan	Wanneroo-Joondalup
Skylar Leavy	East Fremantle
Dhevan Manu	Subiaco
Alana McKinlay	Wanneroo-Joondalup
Erin Mitchell	Wembley
Shannon Mitchell	Subiaco
Chloe Tatlow	Bayswater
Tammie West	Wanneroo-Joondalup

Team Personnel

Head Coach	Travis Roost	Subiaco
Assistant Coach	Elizabeth Hinkes	Wembley
Assistant Coach	Ted Polglaze	Subiaco
Strength & Conditioning	Corey Green	
Team Manager	Tania Copeland	East Fremantle

Game Day MVP's: Kate Churchward, Tammie West, Shannon Mitchell, Dhevan Manu, Bailey Eastman



2019 ALA Senior Men's and Women's All Star Teams

Ashby Farrell	Wembley
Mitchell Kennedy	East Fremantle
Lachlan Walker	Wanneroo-Joondalup



L-R – Lachlan Walker, Ashby Farrell and Mitchell Kennedy

Officials

Tim Kennedy	East Fremantle/ALRA(WA)	Referee
David McRae	Wembley/ALRA(WA)	Referee
Ian McRae	Wembley/ALRA(WA)	Assessor
Susan Milne	East Fremantle	Umpire
Kellie Morley	Wanneroo-Joondalup	Umpire
Laslo Tiszavolgyi	Wanneroo-Joondalup/ALRA(WA)	Assessor
Mitchell Walmsley	Wanneroo-Joondalup/ALRA(WA)	Assessor
Evan Walters	Bayswater/ALRA(WA)	Referee

2019 U18 WA Boy's State Team

Daniel Bowater	East Fremantle
Jakson Bowran	Bayswater
Harrison Buckman	East Fremantle
Keanu Czynski	Wanneroo-Joondalup
Will Czynski	Wanneroo-Joondalup
Jack Heppingstone	Subiaco
Ethan Kentfield	Subiaco
Julian Knox	Wanneroo-Joondalup
Riley Mercer	East Fremantle
Ethan Moir	Phoenix

Fin Morgan	East Fremantle
Tyler Redman	East Fremantle
Thomas Richards	East Fremantle
Jaidyn Rodrigues	Wanneroo-Joondalup
Joshua Tatlow	Bayswater
Shane Thomason	Phoenix
Rhys Valsecchi	Phoenix
Donal Wild	Bayswater
Travis Wolfe	Phoenix

Game Day MVP's: Shane Thomason, Josh Tatlow, Daniel Bowater, Donal Wild



Team Personnel

Head Coach	Matt Angwin	Wanneroo-Joondalup
Assistant Coach	Shaun Leavy	East Fremantle
Assistant Coach	Cam Evangelho	East Fremantle
Team Manager	Bill Bowran	Bayswater

2019 U18 WA Girl's State Team

Rebecca Adamson	Bayswater
Lucy Brown	Wembley
Madison Copeland	East Fremantle
Brianna Curran-Turner	East Fremantle
Alannah Davis	Wanneroo-Joondalup
Millie Doherty	Bayswater
Bailey Eastman	Wembley
Isla Frazer	Bayswater

Courtney Johns	East Fremantle
Skylar Leavy	East Fremantle
Ocea Leavy	Phoenix
Ellie Marlow	Wanneroo-Joondalup
Erin Mitchell	Wembley
Holly Plummer	Wembley
Chloe Tatlow	Bayswater
Olivia Wills	East Fremantle

Game Day MVP's: Madison Copeland, Erin Mitchell, Ocea Leavy, Chloe Tatlow



Team Personnel

Head Coach	Tegan Brown	East Fremantle
Assistant Coach	Liz Shields	Bayswater
S&C Coach	Toby Seager	
Team Manager	Faye Beaman	Bayswater

2019 ALA U18 Boy' and Girl's All Star Teams

Daniel Bowater	East Fremantle
Will Czynski	Wanneroo-Joondalup
Donal Wild	Bayswater

Madison Copeland	East Fremantle
Ocea Leavy	East Fremantle
Erin Mitchell	Wembley



L-R – Daniel Bowater, Donal Wild and Will Czynski



L-R – Erin Mitchell, Madison Copeland and Ocea Leavy

2019 ALA U18 Female Player of the Championship

Madison Copeland

East Fremantle

Officials

Carole Bowland	Bayswater/ALRA(WA)	Referee
Hannah Mae Brown	Wembley	Umpire
Nicole McKenna	Bayswater	Umpire
David McRae	Wembley/ALRA(WA)	Referee
Ian McRae	Wembley/ALRA(WA)	Chief Referee
Kellie Morley	Wanneroo-Joondalup	Umpire-In-Chief
Peter Mulcahy	Wanneroo-Joondalup/ALRA(WA)	Assessor
Kim Panton	Wanneroo-Joondalup/ALRA(WA)	Referee
Michelle Rohrlach	Wanneroo-Joondalup	Off Field Official
Laslo Tiszavolgyi	Wanneroo-Joondalup/ALRA(WA)	Assessor
Mitchell Walmsley	Wanneroo-Joondalup/ALRA(WA)	Assessor

2019 Under 15's Regional Girls' Team - Flames

Georgia Corica	Wembley	Anna Hutchison	East Fremantle
Demi Czynski	Wanneroo-Joondalup	Imogen Isaako	Wanneroo-Joondalup
Dakota Davies	Subiaco	Ocea Leavy	East Fremantle
Chloe Duckworth	Wanneroo-Joondalup	Wallace Magee	Phoenix
Lily Farrell	Bayswater	Jenna Mann	East Fremantle
Makayla Fraser	Phoenix	Paige Pownell	Phoenix
Lauren Greaves	Bayswater	Grace Rose	Wembley
Charlotte Hogg	Wembley	Ruby Taylor	Bayswater

Game Day MVP's: Ocea Leavy, Anna Hutchison x 2, Demi Czynski, Georgia Corica and Charlotte Hogg



Team Personnel

Head Coach	Kirsty Graham	East Fremantle
Assistant Coach	Emma Graham	East Fremantle
Team Manager	Vicki Fraser	Bayswater
Assistant Manager	Tyson Fraser	Bayswater

2019 Under 15's Regional Girls' Team – Stars

Bindi Buckman	East Fremantle
Summer Buckman	East Fremantle
Zoey Chobanoff	Subiaco
Marah Crane	Alkimos
Emily Dawson	East Fremantle
Kayley Dawson	East Fremantle
Samara Edwards	Wembley
Rebecca Hewson	East Fremantle

Veronica Keen	Bayswater
Ruby Koczwarra	Wembley
Isabelle Macey	Wembley
Elizabeth Mitchell	Wembley
Macy Morgan	East Fremantle
Jayne Morrissey	Wembley
Holly Plummer	Wembley
Lucy Wills	East Fremantle

Game Day MVP's: Ruby Koczwarra, Bindi Buckman, Holly Plummer, Emily Dawson, Marah Crane and Lucy Wills



Team Personnel

Head Coach	Kate Hooper	Subiaco
Assistant Coach	Tessa Kirby	Subiaco
Team Manager	Caroline Koczwarra	Wembley
Assistant Manager	Chelsea Toy	Subiaco

2019 Under 15's Regional Boys' Team – Southern Braves

Matthew Borserini	East Fremantle
Casey Burton	Bayswater
Adam Chaplin	Phoenix
Thomas Ferguson	East Fremantle
Peter Grose	East Fremantle
Aiden Holmes	East Fremantle
Brody Leahy	Bayswater
Joseph Manning	East Fremantle
Ryan Marrington	East Fremantle

Jed Martella	East Fremantle
Kade Moir	Phoenix
Harrison Parker	Bayswater
Reece Pourau	Bayswater
Riley Pyne	Phoenix
Harrison Summerell	Phoenix
Zeth Valsecchi	Phoenix
Charlie Warren	East Fremantle

Game Day MVP's: Matthew Borserini, Peter Grose, Adam Chaplin, Kade Moir, Riley Pyne and Casey Burton



Team Personnel

Head Coach	Jeff Kennedy	East Fremantle
Assistant Coach	Chris Warren	East Fremantle
Assistant Coach	Gary Kennedy	East Fremantle
Bench Coach	Dean Borserini	East Fremantle
Team Manager	Sue Secker	East Fremantle
Interpreter	Ashley Jahn	

2019 Under 15's Regional Boys' Team – Northern Thunder

Aaron Barnevald Labbe	Subiaco
Charlie Clarke	Wembley
Justin Cornelius	Subiaco
Jack Cooper	Wembley
Jack Cornish	Subiaco
Jacob Davila	Wembley
Xavier Dillon	Wembley
Jack Duckworth	Wanneroo-Joondalup
Aethan Falla	Wanneroo-Joondalup

James Grey	Wanneroo-Joondalup
Lachlan Griffin	Wembley
Adam Jerejian	Wanneroo-Joondalup
Luker Kentfield	Subiaco
Caleb Lackey	Wanneroo-Joondalup
Max Macey	Wembley
John Narbey	Wembley
Tyson Smith	Wanneroo-Joondalup

Game Day MVP's: James Grey, Jacob Davila, Caleb Lackey, Jack Cooper, Justin Cornelius and Lachlan Griffin



Team Personnel

Head Coach	Robert Logan	Subiaco
Assistant Coach	Paul Fischer	Subiaco
Team Manager	Sara Cooper	Wembley

Officials

Kerry Allen	East Fremantle	Umpire
Bruce Banyard	Wembley	Umpire
Dawson Caldwell	Wembley	Referee
Connor Davies	Wembley	Referee
Skylar Leavy	East Fremantle	Umpire
Ian McRae	Wembley/ALRA(WA)	Assessor
Thomas Richards	East Fremantle	Referee
Laslo Tiszavolgyi	Wanneroo-Joondalup/ALRA(WA)	Assessor



2019 ALA U15 Boy's Grand Final – Referee Connor Davies

WA RESULTS AND AWARDS 2019 – SENIOR COMPETITION

MEN'S STATE LEAGUE

Premiers
Minor Premiers
Fairest & Best Player
Runner Up
MVP Grand Final
Highest Point Scorer

Bayswater
Bayswater
Lachlan Walker (Wanneroo-Joondalup)
Ryan Spark (East Fremantle)
Max Rowse (Bayswater)
Lachlan Walker (Wanneroo-Joondalup)

IJ Taylor Shield
Lapsley Cup
Regal Cup

Kuljak Medal
Cann-Griffin Cup

Spirit of Lacrosse Award

East Fremantle



2019 Men's State League Premiers – Bayswater



Men's State League Fairest & Best and Runner up
Lachlan Walker and Ryan Spark

LACROSSE WA MEN'S ALL STAR TEAM

Goalkeeper
Defence
Defence
Defence
Defence
Defence Midfield
Face Off
Attack Midfield
Attack
Attack
Attack

Coach

Ryan Spark
Luke Walton
Ashby Dennis
Brock Beall
Josh McDavitt
Max Rowse
Aaron Salter
Mitchell Kennedy
Lachlan Walker
Trevor O'Brien
Cam Evangelho

Adam Jorre de St Jorre

East Fremantle
Wanneroo-Joondalup
Subiaco
East Fremantle
Bayswater
Bayswater
Subiaco
East Fremantle
Wanneroo-Joondalup
Subiaco
East Fremantle

Bayswater

WOMEN'S STATE LEAGUE

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

Highest Point Scorer

East Fremantle

East Fremantle

Shannon Mitchell (Subiaco)

Madison Copeland (East Fremantle)

Madison Copeland (East Fremantle)

Erin Mitchell (Subiaco)

LWA Rae Reid Cup

Kuljak Medal

Sarah Forbes Trophy



2019 Women's State League Premiers – East Fremantle



Women's State League Fairest & Best Winner, Shannon Mitchell and Runner Up, Madison Copeland

LACROSSE WA WOMEN'S ALL STAR TEAM

Hannah Mae Brown

Tegan Brown

Madison Copeland

Emma Graham

Kate Hooper

Jessica Kennedy

Erin Mitchell

Shannon Mitchell

Sarah Mutch

Rhiannon Panting

Coach

Tegan Brown

Wembley

East Fremantle

East Fremantle

East Fremantle

Subiaco

East Fremantle

Subiaco

Subiaco

East Fremantle

Wembley

East Fremantle

MEN'S DIVISION 2

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

Wanneroo-Joondalup Blue

Phoenix

Shane Thomason (Phoenix)

Greg Mulcahy (Wanneroo-Joondalup)

Cameron Mulcahy (Wanneroo-Joondalup)

Jubilee Trophy

Clarke Cup

Morris & Scott Trophy

Cyrril Allman Medal



2019 Men's Division 2 Premiers - Wanneroo-Joondalup Blue

WOMEN'S DIVISION 2

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Wanneroo-Joondalup

Wembley

Courtney Johns (East Fremantle)

Chloe White (Wembley)



2019 Women's Division 2 Premiers – Wanneroo-Joondalup



L-R - 2019 Women's Division 2 Fairest & Best Courtney Johns & Runner Up Chloe White, Men's Division 2 Fairest & Best Runner Up Greg Mulcahy and Winner- Shane Thomason and Men's Division 3 Fairest & Best Kristopher Fenn

MEN'S DIVISION 3

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

Wanneroo-Joondalup
East Fremantle
Kristopher Fenn (Wanneroo-Joondalup)
Kim Gillespie (Alkimos)

WA Lacrosse Assoc. Trophy
Lloyd Paul Perpetual Trophy
Keenscreen Brine Trophy



2019 Men's Division 3 Premiership Team – Wanneroo-Joondalup

WA RESULTS AND AWARDS 2019 – JUNIOR COMPETITION

MEN'S U17's

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Phoenix

Phoenix

Jakson Bowran (Bayswater)

Ethan Kentfield (Subiaco)

Ramsay Trophy

Greg Wheatley Trophy

Jeff Kennedy Trophy



2019 Boy's U17's Premiership Team - Phoenix

WOMEN'S U17's

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Wembley

Wembley

Erin Mitchell (Wembley)

Demi Czynski (Wanneroo-Joondalup)



2019 Girl's U17's Premiership Team - Wembley

MEN'S U15's

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

East Fremantle
East Fremantle
Luker Kentfield
Kade Moir (Phoenix)

Brian Griffin Trophy
Rob Taylor Trophy
Steve Mounsey Trophy



2019 Boy's U15's Premiership Team – East Fremantle

WOMEN'S U15's

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

Wembley
Wembley
Anna Hutchison (East Fremantle)
Emily Dawson (East Fremantle)



2019 Girl's U15's Premiership Team – Wembley

MEN'S U13's

Premiers
Minor Premiers
Fairest & Best Player
(tie)

East Fremantle
East Fremantle
Kade Moir (Phoenix)
Charlie Clarke (Wembley)

Premiers Trophy
Minor Premier's Trophy
Murray Keen Trophy



2019 Boy's U13's Premiership Team – East Fremantle

WOMEN'S U13's

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

East Fremantle
East Fremantle
Anna Hutchison (East Fremantle)
Veronica Keen (Bayswater)



2019 Girl's U13's Premiership Team – East Fremantle