



Lacrosse WA

2023 Annual Report



Department of
Local Government, Sport
and Cultural Industries

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VISION:

Lacrosse WA aims to be an innovative and well recognized State Sports Association, building and developing a sports system which positions lacrosse as an inclusive, visible, dynamic and successful sport in Western Australia.

MISSION:

Lacrosse WA aims to provide leadership through the delivery of quality sports services and programs which ensure increasing participation for all level of lacrosse (players, coaches, officials, administrators), and deliver national success.

BOARD MEETING ATTENDANCE 2023

Chairperson	7
Deputy Chairperson	9
Finance & Governance	5
Development & Growth	7
High Performance	8
Men's Lacrosse & Officiating	9
Women's Lacrosse & Officiating	8
Executive Officer	9

CLUB MEMBERS ON BOARD 2023

Alkimos	0
Bayswater	0
East Fremantle	1
Phoenix	1
Subiaco	1
Wanneroo-Joondalup	1
Wembley	2

LACROSSE WA BOARD MEMBERS

CHAIR	Nathan Rainey
DEPUTY CHAIR	Kellie Morley
DIRECTOR OF FINANCE & GOVERNANCE	Emmalee Stanton
DIRECTOR OF DEVELOPMENT & GROWTH	Paul Buckman
DIRECTOR OF HIGH PERFORMANCE	Caitlin Ryan
DIRECTOR OF MEN'S LACROSSE & OFFICIATING	Bruce Banyard
DIRECTOR OF WOMEN'S LACROSSE & OFFICIATING	Kate Hooper

LACROSSE WA STAFF

EXECUTIVE OFFICER	Roxanne Leavy
ADMINISTRATION ASSISTANT	Caroline Koczwar



2023 LWA Senior Dinner & Awards Night

Photo credit – @goz_films

CLUBS & TEAMS

Club name	U11 Boys	U13 Boys	U14 Girls	U15 Boys	U17 Boys	U17 Girls	Div 3 Men	Div 2 Women	Div 2 Men	Women's State League	Men's State League
Alkimos	1	1	0	0	0	0	1	1	0	0	0
Bayswater	2	1	1	1	1	1	1	1	1	1	1
East Fremantle	2	1	1	0	0	1	1	1	1	1	1
Phoenix	2	0.5	1	0.5	0.5	1	1	0.5	0	1	1
Subiaco	0	0.5	0	0.5	0.5	0	0	0.5	0	1	1
Wanneroo-Joondalup	1	2	1	1	1	1	1	1	1	1	1
Wembley	2	1	1	1	1	1	1	1	1	1	1



2023 U14 Women's Grand Final – Bayswater v Wanneroo-Joondalup

Photo credit – BLC

PLAYING NUMBERS

	2023	2022	2021	2020	2019	2018
Senior Men	300	264	315	265	356	342
Senior Women	151	171	163	113	180	170
Junior Men	297	306	314	282	319	280
Junior Women	172	137	167	105	128	145

LACROSSE WA LIFE MEMBERS

1932	Mr. I.J Taylor (dec)	1978	Mrs Fay Taylor	1999	Mrs Margaret Morley
1932	Mr. W.B Grace (dec)	1978	Mrs Rose Gaunt	2000	Mr Mark Hickey
1934	Mr. C.E.M. Hickey (dec)	1979	Mr Bill Brown (dec)	2000	Mr Peter Smirk
1934	Mr. R.W. Elliott (dec)	1982	Mr Harold Horner (dec)	2001	Mr Chris Milne
1936	Mr. H.J. Carmichael (dec)	1985	Mr Malcolm Stokes	2001	Mrs Mavis Owens
1946	Mr. H.R. Woods (dec)	1988	Mr Peter Reid (dec)	2002	Mr Brian Griffin (dec)
1947	Mr. A. R. V. Page (dec)	1989	Mr Robert Stratton (dec)	2003	Ms Kellie Morley
1949	Mr. W.H. Whiteman (dec)	1990	Mr Colin Mounsey	2004	Mr Laslo Tiszavolgyi
1949	Mr. I. Berry (dec)	1990	Mrs Shirley Allman (dec)	2007	Mr Graham Rose
1952	Mr. R. E. Willot (dec)	1991	Mr Ian Toy	2007	Mr Doug George
1952	Mr. J. L. Carden (dec)	1991	Ms Fiona Clark	2008	Mr Kevin McRae
1955	Mr Cyril Allman (dec)	1992	Mr Murray Redfern (dec)	2008	Mrs Faye Beaman
1955	Mr A. A. Swan (dec)	1993	Mr Don Rudderham	2008	Mrs Helen Goddard
1961	Mr Laurie Turnbull (dec)	1994	Mr Ross Whiteman	2010	Mr Ken Sugars (dec)
1962	Mrs. Beris Johnson (dec)	1995	Mr Robert Ramsay	2011	Mrs Suzanne Kirkby
1965	Mrs Rae Reid (dec)	1997	Mr Roger Smith	2011	Mr Michael Gates
1968	Mr. Eric Biddle (dec)	1997	Mrs Jennifer Townsend	2011	Mr Gary Kennedy
1977	Mrs Dorothy Harwood (dec)	1998	Mr Lloyd Morley	2014	Mrs Peta Hiron
1977	Mrs Velma Vickridge (dec)	1999	Mrs Fran Maunton	2014	Mr John Denic

LACROSSE WA COMMISSIONER

Men's Competition - Gary Brown

Women's Competition – Vacant

LACROSSE WA LIFE MEMBERSHIP COMMITTEE MEMBERS

Nathan Rainey, Doug George, Kevin McRae, Faye Beaman

LACROSSE AUSTRALIA LIFE MEMBERS

Harold Horner (dec), Laurie Turnbull (dec), Len Berry (dec), Harold Balinski (dec), A (Russ) Page (dec), William (Bill) Brown, Malcolm Stokes, Don Rudderham, Brian Griffin (dec), Rae Reid (dec), Fiona Clark, Fran Maunton, Faye Beaman, Ian Toy

HONOURS AND AWARDS

2023 Lacrosse WA Cert of Merit – Tim Kennedy

At the 2023 LWA Senior Dinner & Awards Night, it was a tremendous honour to present the 2023 Lacrosse WA Certificate of Merit to Mr Tim Kennedy in recognition of his commitment to the sport of lacrosse spanning over 35 years as a player, referee, administrator and broadcaster.

Tim started playing Lacrosse at East Fremantle at the age of seven and over the following years he has played 512 games for East Fremantle (194 in State League and 243 junior games) and has scored 703 Goals (117 in State League). He has represented the State at U15, U17 and senior level being selected in the All Star team and has won the 2015 State League Fairest & Best at East Fremantle. Tim has also coached junior boy's teams in all grades at East Fremantle.



On retiring from playing in 2015, Tim took up refereeing at club level and over the years he has established himself as one of the top referees in the country. He has represented Australia internationally at the 2022 U21 Men's World Championship in Limerick and the 2023 Men's World Championship in San Diego this year. Tim is also President of WALO and was instrumental in the amalgamation of men's and women's officiating this year.



Tim has been an active member of not only the East Fremantle Board, but Lacrosse WA through the years. As East Fremantle LC President for 4 years, Tim also established the amalgamation of the men's and woman's clubs as well as rewrote and implemented the new constitution.

In 2014, a young Ryan Spark started a You Tube channel streaming lacrosse games and shortly after, Tim and Ryan created the Australian Lacrosse Network (ALN). The ALN plays a significant role in broadcasting games and he has taken on a role as commentator, author and other roles within the ALN network. ALN has become the major source of information and news for Australian Lacrosse community with ties internationally.

On behalf of all our members, thank you Tim for your commitment and support to lacrosse in WA.

REPORTS – BOARD MEMBERS

2023 CHAIR REPORT

Nathan Rainey

2023 felt like it came and went in the blink of an eye. With the speed of life ever increasing and a sport full of opportunities for all members, the season quickly came and went.

There have been some defining opportunities announced this year for Lacrosse that will impact the global reach of our sport with Olympic inclusion, the rise of Box Lacrosse both locally and internationally and the growing international calendar. All of these offer our members increasing participation opportunities around the globe. We have seen a desire from Lacrosse Australia to increase participation numbers across the U15 and U18 formats with additional teams requested, which again offer our members further development and participation in higher levels that is quite unique for our sport compared with other codes.

With increasing opportunities comes growing pains and the need for improved structures and pathways to allow this growth. Not just from a board governance and administrative perspective, but from all parts that make these opportunities come to light. The clubs, volunteer support, the coaches and managers to the parents and support personnel that also have increased requirements. Also, the player management aspect and how to understand the workload and seemingly twelve-month competition calendar.

The board is working through the updated strategic plan that will need to have the building blocks to hopefully handle these increased pathways, but also planning around the most vital aspect for Lacrosse which is growth and development. We can support the increased opportunities for high performance pathways, but without the growth of membership into our sport, all the above has a finite future. 2023 saw the progression in this area and very positive outcomes from the forum conducted, this was a great start, but we need to keep our focus here. The board is working on opportunities on how it can work with clubs to support and assist in a more productive manner that may help to alleviate this massive pressure on all clubs.

I would like to thank the hard work of the entire LWA board, club presidents, their boards and the club volunteers that put in 100's of hours of love back into the game. To our board, many of whom have significant roles within their own clubs, your commitment and desire for improvement for Lacrosse can't be thanked enough. It often seems a thankless task, but without your efforts we

don't continue to forge ahead and try and have a positive impact on the sport. A personal thank you to Roxanne Leavy, our administrator that continues to give more to Lacrosse than is expected and is the glue for the LWA Board and Lacrosse overall.

I have also had great support from the members of the Lacrosse Australia board, our member states and our Department of Local Government Sport and Cultural Industries. I have spent many hours on the phone, in zoom meetings and emails with you all and it is always a very supportive environment.

There is a very positive future for Lacrosse, but when you dip your toes into the water the required workload seems overbearing. The support needed from all clubs and members will have a direct impact on how our future will look.

I wish everyone a great 2024 season ahead.



Lacrosse WA Strategic Plan – Member Clubs Workshop

2023 DEPUTY CHAIR REPORT

Kellie Morley

Firstly, thank you to the other members of the Lacrosse WA Board, once again it feels like it has been a long year, full of operational issues that need to be dealt with each and every week. This precludes the current Board Members from following through strategic priorities and we constantly get stuck in the rut of game environment issues. Whilst this year has seen some improvement in these areas across junior and senior games, there is still a lot of improvement to come. I look forward to a new Strategic Plan being developed and rolled out.

With SportWest recently releasing their True Sport initiative, I look forward to LWA along with our clubs being able to implement many of the initiatives and be willing participants in the sector-specific training across their three pillars: Mental Health & Wellbeing / Child Safeguarding and Sideline Behaviour.

Once again, a special thank you to our Chairperson Nathan Rainey who has shouldered a heavy burden across the year. There are long hours spent on the telephone and numerous thankless tasks undertaken. Nathan continues to conduct himself in a professional manner and instilled the same requirement for all Board Members.

Our Executive Officer, Roxanne Leavy, continues her tireless work for Lacrosse WA, she continues to go above and beyond to ensure that not only our games go ahead each and every weekend, but they are conducted in as professional manner as possible. This is across all aspects of our game including talent programs, end of year events, along with ensuring our policies and procedures are updated and relevant.

I know that as a member of our lacrosse community Roxanne is not afforded the same luxuries as a normal paid employee and is regularly answering emails, telephone calls and text messages well outside of normal business operating hours. Lacrosse Australia's Under 18 Championship was another example of how Roxanne went above and beyond, with Lacrosse Australia being in the middle of staff turnover the appropriate levels of support were not in place, but Roxanne once again just picked up the slack to ensure a wonderful event was conducted.

Thank you to Roxanne and Caroline for your work for lacrosse in WA. Your task lists are long and full, and we are very lucky to have you both.

LWA Policies and Procedures, along with our Child Safeguarding practices will continue to be a focus area for Lacrosse WA over the coming years as we strive for continued professionalism and efficiency.

I look forward to hopefully being elected to the Board again at this coming AGM and continue to work on several projects to continue to improve our game day environments along with member enjoyment and safety. I envisage that if elected these next two years will be my last.

2023 DIRECTOR OF DEVELOPMENT & GROWTH REPORT

Paul Buckman

2023 has again been a successful year for the Lacrosse WA Growth and Development portfolio with all Junior Lacrosse Committee (JLC) members reaffirming their commitment, and working collectively and cohesively to:

1. Increase Participation
2. Create High Quality Competitions
3. Support the Growth of Club Capacity

Throughout 2023, Growth and Development and JLC have been working to develop a sustainable growth and development framework, with defined activities and resourcing requirements, so that individual clubs can implement these agreed strategic growth activities that in turn build collectively to deliver a coordinated state-based approach.

The outcomes and results for 2023 include:

1. Alignment to Lacrosse Australia's National Participation Framework
2. U11 engagement growth plan for implementation by each club
3. Monthly reporting of Growth Pipeline, each club's junior member numbers by year group
4. Lacrosse Australia's Quick Stix program being promoted by all clubs
5. Commitment by clubs to deliver the Quickstix Invade program
6. Input into and the delivery of LWA Relax 6's Tournament 2023 based in Busselton
7. Formation of Western Australian Lacrosse Officials (WALO)
8. Complete U11 competition review with input from all U11 coaches, clubs and WALO
9. Renewed commitment and focus on risk identification and management

To deliver improved growth pathways and outcomes, agreement was again reached with all clubs committing to the following actions:

- identify and undertake proactive engagement with the closest local catchment primary schools
- deliver Quickstix Lacrosse programs with a focus on the recruitment of pre-primary to year 6 primary students
- provide improved reporting of actual junior club membership numbers, via monthly reporting of calendar age group numbers (growth pipeline)
- to work with local school clusters to promote and then host interschool carnivals



*2023 Game Junior Game Milestones "250 Club"
Lachlan Wills, Bindi Buckman & Kade Moir*

- Upholding and delivering improvements to the LWA and Club's Code of Conduct, including sanctions when required
- greater sharing of lessons learnt between clubs, LWA and Lacrosse Australia

Again in 2023, the JLC team recognised and agreed to achieve combined annual growth their own clubs needed to measure their performance by:

- identification and securing of separate and additional club resources to drive the recruitment of new club players
- commitment from their club Boards for a 5 year rolling growth program, with a renewed and immediate focus on the recruitment of new players for u11s
- to develop their own non-travelling Quickstix/Modcrosse/Sixers competition for new players.



2023 U13's – Subiaco v Alkimos

Again in 2023, we must, as the Western Australian Lacrosse community, decide and commit to: If the imperative is growth of junior playing numbers, and this really is our number one priority then each club, their board and members must reflect on how well these activities are really resourced and how they can immediate by resourced.

I will continue to challenge each Club to match this priority of growth with the required sustained resources to deliver results.

I understand it's a privilege to chair this Committee and to work with all of its dedicated members.

2023 DIRECTOR OF HIGH PERFORMANCE REPORT

Caitlin Ryan

The 2023 season was very exciting in the high performance realm, with lots of competition, both nationally and internationally. LWA was well represented by athletes, coaches, team staff and officials across all major championships and tournaments. As always the ability to send teams and facilitate these competitions come down to the effort and work of our volunteers, a big thank you to everyone who assisted our high performance teams this year.

In February, LWA was able to send our inaugural Women's Box lacrosse team to the National Championships. The team performed incredibly well, going down to Victoria in the Championship game 9-12. Our Men's box lacrosse team finished the Championship in third place, defeating Queensland 16-15, in a thrilling goal in the closing seconds.

April saw LWA host the U18 National Championships at Floreat Oval. Our U18 Women's side finished the Championship in 4th place. Our U18 Men's team made the final, going down 8-10 against Victoria. Charlie Clarke led the team with 6 goals for the game.

June was possibly one of the busiest months in recent memory for our high performance teams, with the Senior National Championships and the Men's World Cup both held.

At the National Championships our Women's team narrowly missed a spot in the final, with the decision coming down to goal difference. They finished the tournament in third place with a convincing win over Queensland 22-1. Our Senior Men's team also came in third place, defeating Queensland 16-3.



2023 Australian Men's Team Captain - Lachlan Walker

The Men's World Cup was held in San Diego, USA. LWA were very proudly represented by Lachlan Walker (Captain), Ryan Spark, Ashby Dennis, Thomas Graham, Matt Wood, Brayden Panting, Glenn Morley (Assistant Coach) and Jae Bidwell-Barton (alternate). The men finished in fourth place, after some very exciting games, going down to Haudenosaunee 6-11. We were also represented at the World Cup by referees Tim Kennedy, Kim Panton, Peter Mulcahy and Ian McRae.

We were able to send four teams to the U15 National Tournament, in Ballarat this year. Thunder ended the tournament in 3rd place, defeating Phantoms 6-2. Braves finishing in 5 place, with an

exciting 1 goal win over Northern Warriors, 7-6. After a very strong tournament the Stars finished in 4th place, losing by a goal to Ice, 9-8. Flames finished in 7th place, defeating Waikato 5-4.



2023 LA U15 National Tournament – Ballarat, Victoria – Braves vs Northern Warriors

Photo credit – Allison Coles Photography

October was a very exciting month for the future of High Performance lacrosse within the wider lacrosse and sporting community with the announcement from the International Olympic Committee that lacrosse will be in the 2028 Los Angeles Olympic Games.

We end the year with several players in Australian squads, trialing for the opportunity to represent our great country on the international stage next year, with the Men's and Women's Box Lacrosse World Cup set to be held in New York in September and the Women's Under 20 World Championship set to be held in Hong Kong in August 2024. I wish all the current WA based Australian Squad members all the very best for the remainder of their trials.



2023 DIRECTOR OF MEN'S LACROSSE & OFFICIATING REPORT

Bruce Banyard

I would like to firstly take this opportunity to congratulate all clubs and participants for their efforts and conduct throughout the 2023 LWA Men's lacrosse season. This continued to be a difficult season, filled with continuing uncertainty, due to COVID and its after effects.

Congratulations to this year's Premiers:

State League – Wembley

Division 2 – Wanneroo-Joondalup

Division 3 – East Fremantle

Also, individually, congratulations to our Fairest and Best winners.

State League – Ethan Moir

Division 2 – Stuart Walker

Division 3 – Brad Smith

Kuljak Medal - Charlie Clarke – Wembley

Cyrill Allman Medal - Will Czynski – Wanneroo-Joondalup

Division 3 – LWA Medal - David Whiteman – East Fremantle

Congratulations to those selected in the All-Stars' Team.

- Goalkeeper - Ryan Spark
- Defence - Ashby Dennis
- Defence - Lachlan Spickett
- Defence - Josh Vetter
- Long Stick Midfield - Thomas Richards
- Midfield - Matt Wood
- Face-off - Aaron Salter
- Short Stick Midfield - Brayden Panting
- Attack - Ethan Moir
- Attack - Jordan Gillespie
- Attack - Ryan Hockey
- Coach - Alex Brown

The men's lacrosse season generally ran smoothly. Thanks to all those involved in the Men's Lacrosse sub-committee. One major step forward is the inevitable movement towards a combined group of officials that include both the men and women leading to a similar pay structure.



*2023 Men's Division 2 MVP – Cyrill Allman Medal
Will Czysnski – Wanneroo-Joondalup*

Thanks also to Roxanne Leavy for her support and advice.

I again thank the members of the Board for their assistance during 2023.

This year's finals were hosted by Wembley Lacrosse Club and the LWA Board thanks them for conducting an excellent finals series.



*2023 Men's Division 3 MVP – LWA Medal
David Whiteman – Eats Fremantle*

2023 DIRECTOR OF WOMEN'S LACROSSE & OFFICIATING REPORT

Kate Hooper

The season was successful in general, run well with most clubs hosting home games and the finals were successfully run by Wembley Lacrosse Club. There were a few clubs that stepped up and agreed to host more games with unfortunate circumstances that left some clubs unable to host. The new rules that were introduced this year were successful in general and will continue to develop in the next few years as the umpires and players get use to the rules. There was also the addition of some double header Men's and Women's state league games which was successful for the clubs playing and hosting these games. The sixes tournament at the start of the year was a great kick off for the season and the board can't wait to see its growth over the next few years.

The addition of the North vs South round which overall was received well at all levels and ages. This showed a mix of Alkimos, Bayswater, Wanneroo- Joondalup and Wembley taking successfully winning more games over all age groups to take the 2023 North vs South win over the combination of East Fremantle, Subiaco, and Phoenix. It was great to have the Community Sports Show (CSS) down to film the Division 2 and State League games.

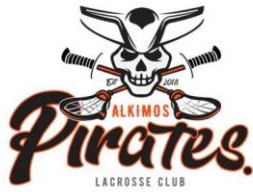


2023 Women's U14's F&B – Chanel Ager

The inaugural Box lacrosse women's team was a great addition to the start of the year and played a hard-fought tournament and has paved the way for future women's box teams. The Women's U18 State Team and the Senior State Team didn't make the finals this year, but played hard every game. The U15 Tournament was great for both the Flames and Stars teams, both teams played at a very high level for every game. At the end of the season a High Performance lacrosse program was also created to help our women enhance their skills, which is a great opportunity for our players to learn from some of the best coaches.

I believe 2023 was a successful year for all clubs and wish everyone the best for the 2024 season ahead and I look forward to working with the Clubs' Women's Directors and the LWA Board again. I want to thank the LWA board members for all their knowledge in helping this year. A huge shoutout to the CSS for its coverage of as many games as possible over this season.

REPORTS – CLUBS



2023 ALKIMOS "PIRATES" LACROSSE CLUB ANNUAL REPORT Kirrily Hyde – President

Introduction

2023 finally seemed like a normal season after the previous couple of years, with all clubs looking at fielding strong numbers. We would like to thank Lacrosse WA for a successful season.

Unlike past seasons we held our AGM in early November, to allow us more time to plan for the year ahead. This was quite successful and the AGM saw some stability in personnel on the committee from the previous year. I would also like to thank those who stepped back from the committee this, but continued to volunteer throughout the year for their support. We do need to look at ways of getting more volunteers and parent support throughout the season to take some pressure off the general committee.

This season, Alkimos Pirates Lacrosse Club were again able to field an under 11's, under 13's, men's division 3 and women's division 2 teams. We would like to thank Wanneroo-Joondalup Lacrosse Club for allowing us to loan players in the under 14 women's, under 15 and 17 men's division. This not only allows us to grow into these grades in the future, but keeps the kids involved in lacrosse. Quickstix was also reintroduced into our program which ran successfully throughout the season.

Financial Position

We are continuing to monitor our financial position very closely and whilst we finalised the year in a slightly better profit position than the previous year, we are well aware in the coming season of some significant outlays as the club continues to grow. Canteen and bar sales were slightly below the budgeted position which was a result of fewer junior and men's home games than the previous season. Pirates merchandise sales continues to provide some necessary income.

We took the unfortunate position of increasing our fees for this season, however, understand that our fees are still relatively low in comparison to some other clubs. We also had an increase in the number of registrations this season which helped financially. The increase to Kidsport payments are

going to be key in determining the junior fees for the 2024 season. Overall we are happy with the overall financial position of the club.

Juniors

As mentioned, we reintroduced the Quickstix program for 2023. This program was driven by Hamish McKay with assistance from a number of others. We ran 4 programs with over 90 registrations across all programs. Due to its success, the committee made the decision that going forward, any income received through Quickstix will go directly back into the program. This essentially means we will be paying the coaches as we do our umpires in the other grades. From this, we hope to get back into school programs and carnivals. We will run a summer social competition under this format and intend to run four more term programs to 2024.



2023 U11's – Alkimos v Phoenix

Our under 11's saw an increase in player numbers from the previous season which is positive for the club. Hamish McKay and Jasmine Hinkley lead the team, and through their knowledge are providing a strong base of skill as the players develop. We believe there could be slight changes to the format of this grade, mainly to even up the competition across the clubs.

Our under 13's team are an extremely determined bunch, however this season, struggled to be competitive in the competition. This is mainly as a result of low and inconsistent player numbers each week. There are number of under 11's from the season that age into under 13's for next season which should assist with this. This grade will be a focus for the club next year to ensure we are not losing players that may become disappointed with heavy losses.

Seniors

Our men's D3 team, or what we call our FIFO team. This team has very few players that are able to play every week, but they still seem to make it work and enjoy themselves. The boys made it to the finals, but couldn't quite pull it off this year. We now have two annual events when the team plays Wanneroo-Joondalup, being the Russell Lawler memorial match and the Simon Danby cup. Both these games have become big draw cards in our season and reiterates the socialism of the division 3 competition. As a club, we would like to see some more involvement in the club, outside of the games, but understand this is difficult, given how many of them are FIFO workers.



2023 APLC Men's Division 3 Team

Finally... after four and half years our dedicated women got a win, which was the goal for the season. To follow it up with a couple more and some draws, the team was quite pleased with their efforts this season. We would like to thank the lacrosse community's support of this team which has always been fantastic. The only issue, which is also a great issue to have as it shows how the club is growing, is that by the end of the season, there was 21 registered players on this team. Finally. Alkimos Pirates Lacrosse Club would like to congratulate its state and national representatives of 2023.



2023 APLC Women's Division 2 Team



2023 BAYSWATER LACROSSE CLUB

ANNUAL REPORT

Murray Gates - President

The 2023 season for the Bayswater Lacrosse Club was a busy and successful one for our club.

I would firstly like to thank all our players, supporters, volunteers, members, and committee members. This season would not have been possible without the help and dedication from all our wonderful Bayswater Lacrosse community who, week in and week out, support our players and help with the running of our club.



2023 Senior Men's State Team reps Liam Bryant, Adam Jorre de St Jorre & Tom Harris

This year was challenging due to the loss of our second field. With the assistance of our members, we were able to manage this inconvenience quite well and kept control of matters as best as we could.

We had a busy season and hosted a Red Apple Day Fundraiser for Bowel Cancer Australia, a Quiz Night Fundraiser for our U15 State Representatives who travelled to Melbourne, as well as after game celebrations on every home game throughout the season. Our Annual Memorial Games are always a big day at our club and well supported by our members and this year included:

- Mike Burton Memorial MVP – played against East Fremantle Div 3 Men was David Whiteman
 - Neil Bayley Memorial Match – U/13's Match this year best player award went to Tom Bennett of Bayswater.
 - Joe Szigligeti Memorial and Past Players Match – Played against Wanneroo. The best player award went to Guari Reyes of Bayswater and Lucus Koczwara of Wembley.
 - Bill Magee Challenge – State League against East Fremantle. The game was won by East Fremantle.
-

Lucas Deshon was the recipient this year of the Julian McGrath Junior Club Person Award. Lucas has helped regularly with field set up all year, officiated, Lacrosse WA Box lacrosse representative, sold raffle tickets for Red Apple day, assisted the modcrosse program at the start of the year etc. Recognising the volunteer work that Juniors do around the club is always a positive thing and something we hope will encourage more juniors to do it next year.

Our Robert Taylor Senior Club Person of the year award went to Chloe Tatlow.

Upon her return from graduating from college in the US, she came back to our club and threw herself into helping wherever she could. Some of Chloe's volunteering this year was Assistant coach to State League Women's, stepping into the Director of Senior Women's role, ran a skills clinic in her own time to help develop our junior girls, ran lacrosse school clinics and a school carnival, canteen shifts, bar shifts, representative of the WA Senior Women's team and captain, Head Coach of the U15 State Team and overall great role model and leader. Fantastic work this year Chloe and congratulations on your award.



2023 North v South MVP – Chloe Tatlow

Our Juniors had an extremely successful year. There is so much talent coming through with these young kids that the future of Bayswater is extremely bright. A massive Congratulations goes to our U14 Women's who won Minor Premiers, Premiers, and the Bayswater's Adam Taylor Best Team Award for 2023 after a tight vote.

Overall, it was a great year, and I would personally like to thank all the 2023 Committee for the work you have all done this year for the good of the club.

2023 Trophy Winners

Lacrosse WA Winners

State League Senior Women's All Stars Chloe Tatlow

State League Senior Women's All Stars Zowie Day

U14 Junior Women Fairest & Best Chanel Ager

U17 Junior Women Fairest & Best Veronica Keen

Club Award Winners

Robert Taylor Best Club Person	Chloe Tatlow
Julian McGrath Best Junior Club Person	Lucus Deshon
Adam Taylor Best Team Effort	U14 Junior Women's
Neil Bayley MVP	Thomas Bennett
Joe Szigligeti MVP	Guarionex Reyes (BLC) & Lucas Koczwara (WLC)
Michael Burton MVP	David Whiteman (EFLC)

Women's Competition

State League – Tatlow Family Perpetual

Fairest & Best	Chloe Tatlow
R/Up Fairest & Best	Isla Frazer
Most Consistent	Skylar Leavy
Defensive MVP	Zowie Day

Division 2 – Faye Beaman Perpetual

Fairest & Best	Nicole Clarke
R/Up Fairest & Best	Koda Jobson
Most Consistent	Caitlyn Szigligeti
Most Improved	Kaye Kempter

Under 17 – Keen Family Perpetual

Fairest & Best	Veronica Keen
R/Up Fairest & Best	Nikilah Carson
Most Consistent	Emma Ee
Most Improved	Leyla Begic

Under 14 – Rachel Anderson Perpetual

Fairest & Best	Chanel Ager
R/Up Fairest & Best	Addison Riordan
Most Consistent	Sofie McBean
Most Improved	Gem Jobson

Men's Competition

State League – Lloyd Morley Perpetual

Fairest & Best	Guarionex Reyes
R/Up Fairest & Best	Clancy Buckley
Most Consistent	Liam Bryant
Best Team Mate	Michael Hope

Division 2 – Michael Gates Perpetual

Fairest & Best	Lucus Deshon
R/Up Fairest & Best	Declan Pittway
Coaches Award	Ben Thomas-Gill
Most Improved	Nathan Kollar

Division 3 – C & A Swadling Perpetual

Fairest & Best	Kobi Tyrell
R/ Up Fairest & Best	Mark Taylor
Most Consistent	Julian McGrath
Coaches Award	Rob Morriss

Under 17 Terry & Peter Riordan Perpetual

Fairest & Best	Clancy Buckley
R/Up Fairest & Best	Alex McBean
Most Consistent	Lachlan Wills
Most Improved	Christian Beor

Under 15 – Murray Gates Perpetual

Fairest & Best	Will Frencham
R/Up Fairest & Best	AJ Escasinas
Most Consistent	Kian Inge-Laidley
Most Improved	Ben Mason

Under 13 – Lloyd Morley Perpetual

Fairest & Best	Riley Leahy
R/Up Fairest & Best	Charlie Parker

Most Consistent	Thomas Bennett
Coaches Award	Oliver Bennett

State Team Representatives

Senior Men

Liam Bryant

Tom Harris

Head Coach – Adam Jorredestjorre

Team Manager – Nathan Forner

Senior Women

Chloe Tatlow – Captain – MVP Winner

Isla Frazer

Skylar Leavy

Team Manager – Faye Beaman

Under 18 Women

Veronica Keen

Emma Ee – MVP Winner

Nikilah Carson

Jessica Carson

Ruby Taylor - MVP Winner

Team Managers – Lisa Bell & Todd Keen

Under 18 Men

Alex Ager

Clancey Buckley – Captain & MVP Winner

Casey Burton

Mitchell White

Women Under 15

Stars

Nikilah Carson – 2 x MVP Winner

Chanel Ager – MVP Winner

Addison Riordan – MVP Winner

Mia Taylor

Ashlee Burton

Cliona Ehlers

Evee Jobson

Gem Jobson

Head Co Coach Chloe Tatlow

Head Co Coach Liz Shields

Team Manager Faye Beaman

Flames

Sara BrandesDeRoos

Sofie McBean – MVP Winner

Maddison Walters – MVP Winner

Men U15

Braves

Aljhier Escasinas – MVP Winner

Benjamin Mason – MVP Winner

Thunder

William Frencham – MVP Winner

Benjamin Peirce



2023 BLC Junior Wind Up - Premiers Bayswater U17 Women's Team



2023 EAST FREMANTLE LACROSSE CLUB

ANNUAL REPORT

Tony Martella – President

Once again, the club was well represented in finals appearances, minor premierships and premierships. To all those teams and individuals, well done and congratulations.

All teams acquitted themselves well and were competitive across the season. 3 Minor Premiers and 2 Premierships across the club. This once again speaks well to the players, coaches, officials and support staff that helped make the season successful. In addition to all supporters' friends and families who brave the sidelines each week, a big thanks for your continued support of the club and its teams. This is a reflection on a long standing commitment to the sport and lacrosse community that EFLC's is well known for.

A measure of the club's success relies on the ability of its volunteer base. Volunteers were called upon and responded over the season in all the usual ways that help make the club function effectively. As always the need for more volunteers is always apparent and I would remind and encourage all members to help and consider stepping up in 2024 to help where they can. There's never too many when it comes to volunteers.

Our development programs again were relatively successful despite the limited access we had to our schools-based programs and competitions. Development of lacrosse in schools continues to be a high priority for the club. The direct impact of social distancing and limited access to schools since Covid 19 is still being felt and we are hoping this will come back on track by this year's new planning, strategies and efforts for 2024. Unfortunately, this limited access over recent times has had an adverse impact on our junior numbers however, we will continue to work our way back from this and boost our junior numbers with these revised strategies and programs. As stated, substantial planning and work is being undertaken to return to our pre Covid levels and increase in 2024 especially in line with the formation of the EFLC Growth and Quickstix 2023 sub-committee.

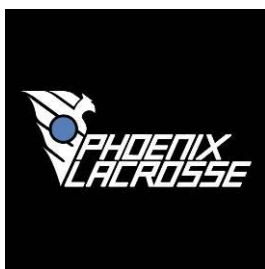
I'm especially looking forward to season 2024 as this will be our 125yr celebration as a club. The aptly named 500 Lacrosse Tournament is scheduled in Adelaide (12-14 April) for EFLC to participate in and field teams. Tournament 500 will be competing against 3 SA based clubs who are also celebrating this milestone. All players and supporters are welcomed and encouraged to participate. More details will be available soon.

Negotiations and relationships with Town of East Fremantle (ToEF) continue to progress. The new CEO Mr. Jonathan Throssell commenced in September and we have now introduced ourselves to him. Jonathan has already reiterated ToEF's ongoing support for our future plans, ongoing use of the club and its facilities. To that end support via additional community facilities (including water fountain, and a BBQ) have been agreed to and will be installed in the next few weeks.

Special thanks to our co-tenants EFCC, and especially to their President Michael Carmody. Michael continues to provide ongoing collaboration and cooperation between the two clubs which is welcomed. This is especially the case with the Preston Point Sports Club (PPSC) and its operation and with the running of the Preston Point facility. Recent meetings with ToEF and the Department of Biodiversity, Conservation and Attractions (DBAC, formerly Swan River Trust) have commenced. Negotiations are well underway for our future projects (minor and major) ongoing enhancements for the facility and joint club activities including events.

In closing I'm extremely proud and grateful to all players, supporters, officials and the greater lacrosse community for all their efforts, support and willingness to make the season as successful as it was.

My final recognition is to the hard working volunteers that are the EFLC Board. Once again the club as a whole owes a great debt of thanks to these individuals for not only in the daily efforts and work they undertake in their respective portfolios, but in the additional support and passion they provide across the club across a multitude of tasks they willingly perform to improve and support the club. Whilst this work undertaken can at times be not truly appreciated in its entirety by club members, it's satisfying to see. My sincere gratitude and thanks to you all and I look forward to the challenge of season 2024.



2023 PHOENIX LACROSSE CLUB

ANNUAL REPORT

Colin Moir – President

Season 2023 has been another year of progress and evolvement for the Phoenix Lacrosse Club. This year's report not only highlights our achievements and challenges but also serves to recognise the significant strides in advancing our mission of growing our club, as well as acknowledging the contributions of our dedicated volunteers and the strength of our lacrosse community.

Key Achievements:

1. **Membership Growth:** In 2023, our club experienced remarkable growth, with a 20% increase in player registrations. This accomplishment is a testament to the growing awareness and introduction of lacrosse in our region and the tireless efforts of our Development Manager Tammy Hill and DO's in promoting our sport. Whilst our lower grade numbers continue to improve we are also working hard on our senior teams with retention and getting 'past' players re-engaged again.
2. **School and QuikStix Development Programs:** Our Development Programs flourished, providing quality coaching and invaluable opportunities for players of all skill levels to learn and enjoy the game of lacrosse. This success is thanks to the ongoing relationships with local schools and our club's desire to keep lacrosse promoted at every opportunity in the education system.
3. **Community Engagement:** We strengthened our connection with the local community through various initiatives, including Come and Try Clinics and partnerships with schools. We must acknowledge the efforts of our volunteers, who have been great in supporting these programs and giving their time and energy to make a positive impact with the schools and residents in our community.
4. **Strategic Plan:** Our Planning Sub-Committee has spent the past 12 months working in the background, formulating our next 5 Year Strategic Plan for Phoenix Lacrosse Club. After receiving full endorsement and approval from the Management Committee I am pleased to say we are in full swing with the implementation of the new plan.

Highlights and Successes:

- Fielding a second U11's team
 - U17's Boys making Grand Final
 - State League men played first finals in 25 years
-

- Phoenix Lacrosse Club awarded The Best Medium Sports Club Award at the annual City of Cockburn Awards Night.
- 2023 Men's Relax Busselton Sixes Champions
- Introduction of our U11 Exhibition half time matches @ State League night games.
- First full season settling into our new clubhouse.
- Expanded & Strengthened our lacrosse footprint in City of Cockburn.
- Launched our new merchandise range
- Player's Teas as rolling events
- Full complement of Team Staff (coaches, managers, officiators)
- Summer competition/preseason
- Management Committee – all positions filled & operational

LWA Acknowledgements:

Lacrosse Australia National U15's Tournament / WA Representatives

U15's Girls - Kori Rainey, Blake Rainey, Omelia Walker. Flames Team Manager Mel Rainey

U15's Boys - Blake Sargent, Connor Evans, Fraser Ellison, Sam Wilson-Banks.

Lacrosse Australia National 18's Tournament / WA Representatives

U18's Girls - Freya Pyne, Kori Rainey

U18's Boys - Kade Moir, Harrison Summerell.

Lacrosse Australia Senior National Championship / WA Representatives

Senior Men's - Tom Moir, Josh Vetter, Javier Williams, Travis Wolfe.

Lacrosse WA Senior All Star Team

State League Women - Ashtyn Hiron

State League Men - Ethan Moir, Josh Vetter.

Lacrosse WA Association Awards

U17's Girls - Kori Rainey R/Up F&B

U17's Boys - Kade Moir F&B

Mens State League - Ethan Moir F&B

Special Acknowledgements:

City of Cockburn

Lacrosse WA

The Community Sports Show

Subiaco Lacrosse Club

WA Lacrosse Community

Geoff Goddard

Nathan Rainey

Glenda Magee

Kellie Morley

Michelle Rohrlach

Tam Bakes Cakes

Vetter Family

Acknowledgement of Volunteers:

I would like to extend my thanks to the countless members and volunteers who have played a pivotal role in the success of our club. Your dedication, passion, and selflessness are the driving force behind everything we do.

This year we were fortunate to have more help around the club from our team of volunteers. As always, each year we have a number of members who volunteer to help the club in all forms. To our Canteen Crew, Bar Crew, Team Coaches and Managers, Referees, Grounds and Facilities, Uniforms, Social Media, Equipment, Merchandise, BBQ Crew, Cleaners, Social, General Volunteers.

We recognize everyone's input and truly appreciate what you give to our club.

Our club is extremely fortunate to have an amazing group of people that work tirelessly over the year to lead and guide our club. To our Management Committee, we are fortunate to have your strength and commitment to pave the way for the future of our club. Your strategic vision and leadership steer our club in the right direction and ensure its long-term sustainability. Your guidance and expertise are invaluable assets, and we are fortunate to have such dedicated individuals guiding our organisation.

MANAGEMENT COMMITTEE:

VICE PRESIDENT:	Cameron Blair
SECRETARY:	Fran Maunton
FINANCE:	Brett Sargent
REGISTRAR:	Matischa Sewell
CLUB MANAGER:	Donelle Smith
DIRECTOR OF MENS:	Aaron Williams
DIRECTOR OF WOMENS:	Glenda Magee
DIRECTOR DEVELOPMENT:	Donelle Smith
OFFICIATING:	Grant Moir

To our coaches: Thank you for your unwavering commitment to developing our players both on and off the field. Your guidance, mentorship, and leadership inspire excellence and instil values that extend far beyond the game of lacrosse.

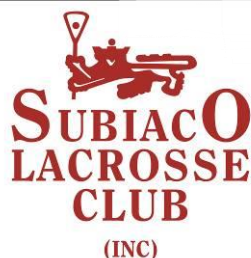
To our team managers and support staff: Your efforts behind the scenes ensure the smooth operation of our teams and players, and contribute to the overall success of our club. Your hard work and dedication do not go unnoticed, and we are incredibly grateful for all that you do.

Looking Ahead:

As we look ahead, the Phoenix Lacrosse Club remains committed to our mission of promoting the growth and development of lacrosse in our community. In the coming year, we will focus on expanding our reach into the school system, enhancing the competitiveness of our club teams, and strengthening our position as a club and sport of choice. By staying true to our club values, I am confident that we will continue to achieve success both on and off the field.

Celebrating Our Lacrosse Community:

I would like to express my appreciation to the broader lacrosse community for their support and camaraderie. Whether it's through friendly competition on the field or collaboration off the field, we are all passionate about our sport and need to continue looking forward to the bigger picture of where our sport is going – and how we can actively make a difference. In closing, I am incredibly proud of all that we have accomplished together in 2023. As we look ahead to 2024 I am certain our efforts will see further improvement and enjoyment while we continue to work towards building our club for the future.



2023 SUBIACO LACROSSE CLUB

ANNUAL REPORT

Kate Churchward – President

Our 2023 season was full of ups and downs, but full of progress for the club. Despite it feeling like an uphill battle at times, we would like to acknowledge and thank all of the volunteers, coaches, members, parents, and players who dedicated their time and effort this season.

Significant projects that we took on this season include rekindling our relationship with Shenton College. Through the last 5 weeks of Term 1, we ran an after school lacrosse 6's program to introduce year 7s through to year 12s to the new format of lacrosse. The feedback was positive and in Term 2 we were invited to help coach year 7 physical education classes as they focussed on lacrosse for the term. The feedback from the teachers and school was positive, and they appreciated our help and expertise. We plan to continue this relationship with Shenton College into 2024 with further programs in Term 1 and Term 2.

We started the year with a huge fundraising push, partnering with LWA and running smaller projects to raise money. We would like to thank our continued partnerships with major sponsors Radar FS and KPP. KidSpeak also joined us as a new major sponsor for 2023. This helped us purchase new helmets for our juniors, and allow us to pay coaches to run the Shenton College program.

During the season we continued to gain numbers in our Division 2 women's team, with 16 players signed up by the end of the season. This included 1 loan player from East Fremantle and 1 loan player from Phoenix. Despite the success on the women's side, we were disappointed to lose our Division 3 men's team early on. Due to consistent lack of numbers each week, despite 14 players registered, our Division 3 men's team had to drop out of the competition. This left half of the team going to East Fremantle for the remainder of the season, and the other half going to Bayswater. We'd like to thank all clubs for their patience and understanding during that time, and especially to East Fremantle and Bayswater for welcoming our players.

We received continued support from LWA this year, and appreciate all of it. We were able to host the LWA Junior Wind Up this year and it was great to see our clubroom and fields put to good use.

Lastly, we would like to congratulate all our Subiaco players who represented WA, and Australia



*2023 Australian Men's Team
Ashby Dennis*

this year. We had a number of coaches selected to coach the junior state teams including Gavin Leavy and Ashby Dennis (U18 Boys State Team), Kate Hooper (U18 Girls State Team), Shannon Mitchell (U15 Girls Regional Team), and Henry Simmonds (U15 Boys Regional Team).

We had a number of players go away for the Senior State Championship including Kate Hooper, Shannon Mitchell, Erin Mitchell, Emma Green, Bailey Eastman, and Jack Heppingstone. For our juniors Gyo Kang, Oscar Shiner, and Magnus Wearing-Smith all played in the U15 Regional Tournament. To cap off the achievements this year we had Ashby Dennis, Isaac Cahill, and Jaesaya Bidwell-Barton represent Australia at the Men's World Championship (and place 4th).

Highlights

1. Senior Successes

Our senior women's program has continued to grow with the addition of 2 new State League loan players, as well as 5 new Division 2 players. This growth has only made the program stronger as our State League girls came runner up to the minor premiership and won the grand final this year. To add to this, Bailey Eastman won LWA State League Fairest and Best, and Mikayla Johns won the Division 2 Fairest and Best. We'd like to thank Shannon Mitchell, Angela Somerville, and Gavin Leavy for the continued growth of our women's side.

Our men's program has also shown progress as a few Division 3 men were brought up into State League this year. The State League team showed progress with a few clutch wins, as well as more consistent numbers despite injuries. We'd like to thank Ashby Dennis and Travis Roost in their continued support of our men's program.

2. Shenton Program

Reigniting our partnership with Shenton College provided us with a new recruitment area. We had only a handful of kids join us later in the season from Shenton College, however the programs have opened up opportunities to recruit players earlier in 2024. We have plans in place to expand these after-school lacrosse programs to Subiaco Primary and Rosalie Primary in 2024.

3. Fundraising

Early in the season there was a focus on fundraising and building a strong financial basis for the club. This was achieved with 3 major sponsorships, as well as volunteer work. A huge thank you to all the volunteers and particularly Shannon Mitchell for being so proactive in fundraising.

These efforts allowed us to purchase new helmets for the juniors, and we are looking forward to purchasing new uniforms for the senior women and juniors next year.



Areas of Improvement

1. Junior Lacrosse Membership

On paper, we had 20 junior players this year spread across U13, U15, and U17 men. There was a significant decrease from last season, particularly with our U17 players. Factors we have identified for the decreased retention include increasing school demands, dissatisfaction with the coaching and support provided by our club, and kids having more friends at Wembley or other clubs.

2. Senior Men's Membership

In previous years we have had a very successful Division 3 men's program, however we had to forfeit in the first half of the season. The culture around Division 3 men's has consistently been opposed to bi-weekly training, and more about mateship and game day. This however, may have been a downfall for keeping juniors engaged in the program and ultimately lead to this year's decrease in senior men's numbers.

3. Engaging the wider membership in volunteer work

While many people put their hand up to volunteer during the year, there are consistent problems with finding people to volunteer in canteen, to organise social functions, and to coach. It is not a new problem for the club, however we do need to provide new channels for people to engage in the club through.



2023 WANNEROO-JOONDALUP

LACROSSE CLUB

ANNUAL REPORT

Matt Angwin – President

2023 was a strong one on field for the Wanneroo-Joondalup Lacrosse Club. We were able to put a team into every grade in both the Men's and Women's competitions as well as have a 90+ players participate in the clubs Modcrosse program. A highlight was still being able to constantly put 2 teams into the u13's men's competition with both teams making it into the finals and the U13's Red team finishing the year undefeated as Minor premiers and Premiers for 2023. We will also have to consider putting a second u15s team into the competition for 2024.

While numbers in the men's junior program continue to be strong and a constant progression through the grades is happening, bringing girls from our Modcrosse program into our junior women's lacrosse team's is still a major concern.

Our u17 Girls and Senior Women's teams are still feeling the effect of the club having to rely on 5-6 boys playing u14s girls for the last few years for the club to even have a u14s team. While this was a good short-term solution it has not helped in the long run. With only 4 players registered for u14s at the start of the year we were close to not having a team but a big push to bring some of our Modcrosse girls through was made and we ended up with 14 registered players and making the Grand final with 10 first year players going down against a very strong Bayswater team.

While this is a great achievement as a club, we still need to work harder to make sure this is not just a 1 off and to help our young girls make the transition from Modcrosse to junior Women's Lacrosse easier and more known.

Numbers in our senior Men's teams continue to be strong and all teams continue to be competitive with D3, D2 & State League all making finals. With a few retirements, it was the first time in a while our strong juniors got a chance to play up and get their first taste of state league and with a strong finish to the year, we will look to build on that for next year. D2 also saw for the first time, a good blend of youth & experience combined to finish the year as Minor Premiers and Premiers.

As stated before our senior women's numbers are struggling and trying to balance the two teams but still be competitive was a weekly challenge which become harder with a few injuries picked up

throughout the year. To their credit both teams were able to have a good year with both teams making finals as well as our D2 women finishing as Minor Premiers.

While on field Wanneroo-Joondalup had a pretty strong year, off field behaviour continued to be an issue with multiple crowd behaviour and referee abuse reports made. As a club we have taken a strong stance on these issues and have worked closely with LWA and WALO to rectify these situations to make sure these do not happen again.

We are lucky as a club to have all our Executive board positions full at the moment, but finding volunteers on a week-to-week basis continues to be an issue meaning people already in big roles at the club are having to do more and more on top of the important positions they are already filling. We as a club and a sport have a bad habit of burning through good people who's initial roles just end up becoming bigger and bigger, eventually ending with them losing their passion for the sport and walking away completely. I hope as a club and a sport we can stop this from happening before we have no one left to fill these vital positions, without them filled no one gets to play.

Junior recruitment continues to be an issue for the sports with some clubs in WA really struggling. As a sport we need to put aside our egos and allegiances to help get this sport back on track once and for all. Having combination teams just so a club can win a premiership is not the answer long term and having 4 teams in a competition so you play the same team every 2 weeks is also not the answer. Maybe thought needs to be given to having teams with less numbers example 8 aside so we have 6 teams in each competition instead of 4, then if there are players left over we could make a black swans team like u11s. This way instead of a 4-team competition we have a 6 or 7 team comp which provides more variety and excitement for the players, more game time for players and all these positives would lead to better player retention in the long run.

All this work is being done to get Lacrosse into the Olympics it would be a shame if a club was forced to shut down and as a sporting community we just sat around and watched it happen. This does not help our sport grow at all, we are starting to move into what I feel is an important phase of our sports history in WA. We either pull together as all 7 clubs and get it back on track or sit by and slowly watch our great sport become extinct just as it hopefully becomes an Olympic sport.



*2023 Australian Men's Team Captain –
Lachlan Walker*

Another consideration that needs to be made is to have all 7 lacrosse clubs follow the same junior program instead of all 7 clubs doing something completely different to each other. This approach is clearly not working. For example there are over 100 junior football clubs in Western Australia and they all use Aus Kick as their entry level recruitment program, they don't have all 100 club's doing something different for junior development. If a sport with over 100 clubs can all get on the same page and follow the same junior program, a sport with 7 clubs should be able to do the same thing, no problem.



2023 U14 Women's Runner-up Fairest & Best – Elizabeth Hogg

We are all passionate about this sport, that is why we all invest so much time and effort into it but I have been the president of Wanneroo- Joondalup for 3 years now and we as a sport have been discussing the same things for those 3 years. As a sport we really need to stop talking and start trying a few things. If the LWA board decide they want to go in a certain direction for what they believe is in the best interest of the sport, rather than fighting it every step of the way, we as clubs should just give it ago and if it does not work we can try something else. At the moment we are standing still as a sport and we are all losing membership because of it. My club has not been the best at accepting new ideas in the past and needs to improve in this area but it is time all 7 clubs in WA put the sport of Lacrosse and its survival first before it is too late, otherwise instead of 7 clubs we will end up with just 2 or 3 which would be sad to see.



2023 WEMBLEY LACROSSE CLUB

ANNUAL REPORT

Amanda Plummer – President

2023 saw another season with a whole new realm of changes, challenges and celebrations. Following on from the huge success of hosting the 2022 U15 Girls and Boys Tournament, there was barely time to unwind before we hit the ground running with supporting LWA at Floreat Oval with the 2023 Under 18 National Girls & Boys Championship in mid-April. Very grateful to the club for agreeing to support LWA with a venue to host it and our members who volunteered their time. And to Roxanne who always goes above and beyond her role to ensure the success of any event. It was a great success and always an exciting time to be around high-performance lacrosse.



2023 Australian Men's team – Brayden Panting and Matt Wood

One of the challenges this year we faced was having many board positions vacant. This meant some Directors had to take on more than one role to ensure the integrity of the club operations. Whilst we have a strong contingency of depth within the club, it was evident this year that it should be a priority to fill these positions and reduce workload on few people, to ensure the overall quality outcomes, but looking after the wellbeing of our members first and foremost. We are currently revisiting various ways to engage with members and opportunities to take on roles outside the usual Director positions to create a wider support base.

Also, for the first time in over a decade we looked at a season starting with no canteen manager. We were able to interact with the services from Red Apron who ran the canteen for the U18's tournament, and very lucky in the end to have this available to us. Although this was the first year, we have enlisted an external contractor, which came with a big learning curve and many hurdles, we were grateful to be able to offer the members a canteen facility on weekends. Income was a huge deficit due to this and going forward the club is looking at alternative ways in which this can be covered.

Our junior development and recruitment were in the process of a new hand over this year and being built. So, recruitment numbers into the winter program this year were quite low. Our Modcrosse program wasn't on offer this year with a lack of coaching staff to support it. We trialled Quickstix at the club this year. The comms to schools was a little late and advertising resulted in again low numbers. Also, the age of players was very young so quite hard to enable a competition base. I am hoping in 2024 we can find a collective group willing to give back in this space to ensure the sustainability of our junior teams and future programs and continue to build on the future at Wembley.



2023 Spirit of Lacrosse Award

Our senior women's playing group had a rather large adjustment to contend with. A big change in coaching staff for the first time in nearly 25 years! And barely two teams to kick off the season as opposed to 4 only 3 seasons prior! Many reasons attributed to this. Babies being born, (future generations to come), relocations overseas and working commitments such as FIFO. The club knew this was going to be a big adjustment for everyone involved. We are working closely with this group going forward to ensure the younger generations coming through are supported, nurtured and excited for the future ahead.

Our senior Men's group has been growing from strength to strength, not only in on field achievements, but the growth collectively of the playing group as a whole. It may not have been the biggest playing numbers we have seen, but work put in over the last few years has seen some strong culture amongst the group and the best turnout of senior men's training for as long as I can remember. And although we saw the retirement of Alex Brown from his playing career, he has bought about some good practises for those to follow. Hoping this continues and we can build on this further. The entire men's group all unveiled an exciting new playing strip thanks to the work in the off season to a hard-working group and a few very generous sponsors! We were delighted to

receive the Spirit of Lacrosse Award this year. Which as a President I felt very humbled to think this is what the referees voted on. Good sportsmanship and playing within the spirit of the game!

An overall reflection of this season from myself as a club President is one of concern. With numbers continuing on the decline, and no real call for a solution in the midst. I am wondering where we are spending our time, energy and focus!? The possible collapse of two men's grades were on the agenda this year. It was also a season with the least number of structured meetings booked for Presidents, Men's and Women's subcommittee groups collectively. Although another successful season passes, or as it would seem to many members. I feel this can bring disconnect and sometimes disharmony. Like in any workplace or business, to create a functioning and productive team, there needs to be buy in. A good solid foundation built with communication, teamwork and structure. The season started with a lot of exciting plans and ideas. And the Sixes event is something LWA should be very proud of! Getting more products in our competition list I believe is imperative to growth in our sport. However, I feel through lack of meetings and connection with clubs and an influx of external conflicts being major areas of concern and distraction brought to LWA, there was little time and room for the board (all volunteers!), to make any further positive impact on the quality in our season. I am somewhat saddened to see that we do not appear united collectively as a group to be supporting LWA and with the interest of the sport's future as our main focus. I see we are putting more expectation on them as volunteers to be able to produce better results whilst under more pressure than ever!? If we want things to improve, I believe we need to come together as a whole to look at ways in which we want this to happen and take those action items together. Not to sit from afar and comment on what LWA do or don't do or what they can do better. They work tirelessly to provide our sport with the best possibilities they can. Many are new to their roles, untrained and sometimes even unqualified. Such is the role of a board volunteer. Same as our clubs! Yet I continuously see the strain they are under and the often nonsense time wasting they face. Instead of being able to focus on ways in which we can grow the sport in WA and avenues in which to do this and improve it for the benefit of everyone involved. As well as helping educate and guide clubs along the way.

I would hope with the exciting news of the Olympic inclusion, this may change the way in which we think and behave toward one another and unite going forward for the greater good of the sport! We have endless opportunities to improve and grow, but while the cats fight amongst the pigeons, we will never see this happen? All the regulations, constitutions and code of conducts written in the world, do not negate good practise. This is a choice. One I hope we can all be conscience of going forward.



KULJAK LACROSSE CLUB (Inc)

2023 KULJAK LACROSSE CLUB (INC)

Peter Ballarine – President

LIFE MEMBERS - 1989: HAROLD HORNER (Dec) 1995: LUKE PITSIKAS (Dec), ERIC BIDDLE (Dec), 2009: IAN TOY

The 2023 **Annual Kuljak Breakfast** held at the Hillarys Yacht Club on Sunday 12th March was a tremendous success with almost 50 attending. A huge thanks to everyone and special thanks to the many guests (friends, partners and wives) who attended.

It was an entertaining morning with most clubs represented. The venue is brilliant and the breakfast was delicious. Our guest speaker, thanks to Gary Powell, was Tim Gossage.

Tim gave us an insight into the media world and included many of his radio and life experiences. His talk was extremely amusing and entertaining. Tim started in media at the age of 17 and is currently on-air as sports host with 6SEN Bunbury amongst many other roles including MC and Auctioneer.

President Peter Ballarine presented Tim a copy of the Kuljak book "A History of the WA Lacrosse Association" and a polo shirt as a token of the Club's appreciation.

The inaugural **Mandurah Lunch** was held at the Brighton Hotel on the 10th May. It was a great roll up with 31 attending including members and friends. A fun time was had by all and a second lunch was held in November with 24 in attendance.

The **2023 Kuljak AGM** was held on the 29th July at the Bayswater Lacrosse Club. Many thanks to Bayswater for providing their clubrooms. Twenty members attended and enjoyed an entertaining meeting followed with a complimentary drink. The committee for 2023/24 remained the same as the previous year. President: Peter Ballarine, Vice President: Gary Powell, Secretary: Terry Ambler, Treasurer: Ian Toy, Committee Member: Peter Smirk.

In attendance were: Terry Ambler, Peter Ballarine, Ian Toy, Peter Smirk, Lloyd Morley, Ken Cooper, Terry Riordan, Charlie Gates, Bill Bowran, Murray Gates, Michael Gates, Geoff Paull, Bill Barton, Johnno Johnston, Graham Rose, Terry Culley, Steve Johnson, Laslo Tiszavolgyi, Gordon McNair, Don Kidson.

Congratulations to Kuljak members Terry Riordan, Lloyd Morley and Ken Cooper for their fantastic efforts in raising over \$38,000 for the Drive for MND 2023 which took place in November. Also in the team was Bayswater member Phil Basley. Every dollar donated went directly to finding a cure and supporting people living with Motor Neurone Disease.

The **2023 Kuljak Annual Dinner** was held in the Rivergum Room at the RAAFA Bullcreek on Wednesday 16th August. It was another fantastic night and a huge thanks to all those who attended. Among those who attended were new members Mark Paull, Geoff Paull, Geri Bowden, Michael Wann, Nick Duncan and Tom Cahill.

Many thanks to Dave Schomburg (East Fremantle) from West Coast Wine Cellars for providing the magnificent wine packs for the raffle prizes. Also a thank you to Hip Pocket, Balcatta for their \$100 gift vouchers. Peter Ballarine was again on fire as MC, Peter Smirk conducted his infamous fine sessions and netted a few dollars from the audience and Ian Toy selected the Kuljak All Star Aged Team of the Year.

The theme for the night was to celebrate 60 years of Kuljak and two grand final anniversaries: The 40th anniversary for East Fremantle winning the Men's 1983 Premiership and the 25th anniversary for Subiaco winning the men's 1998 Premiership. Four players from the EF team attended: Peter Cann, Peter Smirk, Gary Kennedy and Jeff Kennedy and six from the 1998 Subi team: David Toy, Mark Trichilo, Nick Duncan, Michael Wann, Tom Cahill, Randal Humich.

The Kuljak All Star Aged Team (made up by the 12 most senior members attending) was another feature of the night.



Standing: Ian Toy (first time in the team) Chris Milne, Graham Rose. Middle Row; Bob Taylor, Rae Smith, Harry Matthews, Roger Smith. Front: Albie Paull, Wendy Milne (first time), Geoff Paull (first time), Peter Smirk, Laslo Tiszavolgyi

The club welcomed nine new **Life Time Financial Members**: Geoff Paull, Geri Bowden, Scott Spinley, Nick Duncan, Michael Wann, Tom Cahill, Rob Deering, Shane Taylor and Matthew Tatlow.

Sadly two of our members passed away during the year: Bill Brown, Allan Stewart. Kuljak extends its deepest sympathy to family and friends.

Kuljak membership is open to everyone both men and women so if you are retired or in your twilight years as a player or supporter you are welcome to join. Stay connected to Western Australian lacrosse and enjoy the company of other like-minded people. The main events for the year are the Annual Breakfast in March, the Mandurah lunch in May and the Annual Dinner in August.

There are 3 membership options. \$50 for Life Time Financial Membership, \$80 which includes LTFM plus a Kuljak badge and Tie/Scarf and \$100 which includes the \$80 package plus the Kuljak book "A History of the WA Lacrosse Association".

Congratulations to our most senior member Jack Pitsikas who celebrated his 104th birthday on the 2nd April 2023.

Kuljak continued its medal tradition by funding and awarding the **Kuljak MVP Medal** to the players voted the Most Valuable Player in the Men's and Women's State League Grand Finals. The winners were Charlie Clarke from Wembley and Kate Hooper from Subiaco.



President Peter Ballarine presented the Kuljak MVP medal to Charlie Clarke from Wembley



Treasurer Ian Toy presented the Kuljak MVP medal to Kate Hooper from Subiaco

Kuljak Whiteman Youth Sponsorship. As a Kuljak member you may have access to this scheme that financially supports members' children, grandchildren and great grandchildren who achieve under age State and Australian team selection and are currently playing in a WA team. This year Kuljak was proud to sponsor a number of players.

The U18's Boys and Girls Championships were held in April and sponsorship recipients were: Zoey Chobanoff (Grandfather Ian Toy), Ruby Taylor (Grandfather Geoff Taylor), Veronica Keen (Father, Todd Keen) and Alex Ager (Grandfather Terry Riordan).

The U15's Australian carnival was held in September and sponsorship recipients were: Chanel Ager (Grandfather Terry Riordan), Sofie McBean (Grandfather Lloyd Morley) and Mia Taylor (Grandfather Geoff Taylor).

Kuljak provides four **Newsletters** per year. If you or your club would like to add an article to our Newsletter please send it to The Secretary (kuljakwa@outlook.com).

Kuljak continues raising funds through The Western Australian Government **Containers for Change Program**. The funds raised enable Kuljak to continue supporting Western Australian Lacrosse. Kuljak has a Scheme ID (C10301354) which can be used when returning eligible containers to a Refund Point.

The Kuljak book "**A History of the Western Australian Lacrosse Association**" is still available to purchase and is provided as part of a new membership package.



Kuljak Polo Shirts are available for purchase (\$35) and your Club name/s can be embroidered below the Kuljak logo.

If you would like to purchase a shirt please contact the Secretary Terry Ambler or the Treasurer Ian Toy

NATIONAL, STATE AND REPRESENTATIVE TEAMS

2023 Australian Men's Team – WA Representatives

2023 Men's World Championship, San Diego, USA

Ashby Dennis	Subiaco
Thomas Graham	Bayswater
Brayden Panting	Wembley

Lachlan Walker	Wanneroo-Joondalup
Matt Wood	Wembley
Ryan Spark	East Fremantle

Alternate

Jaesaya Bidwell-Barton	Subiaco
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Team Personnel

Glenn Morley	Bayswater	Assistant Coach
Sam Gosling	East Fremantle	Media Coordinator

Officials

Tim Kennedy	East Fremantle	Referee
Kim Panton	East Fremantle	Referee
Peter Mulcahy	Wanneroo-Joondalup	Referee
Ian McRae	Wembley	Referee

Opening Ceremony Flag Bearer

Thomas Graham



2023 WA Senior Men's State Team

Daniel Bowater	East Fremantle
Liam Bryant	Bayswater
Harrison Buckman	East Fremantle
Charlie Clarke	Wembley
Jack Cooper	Wembley
Tom Harris	Bayswater
Jack Heppingstone	Subiaco
Nicholas Ho	Wembley
Ryan Hockey	East Fremantle
Rhett Johnstone	Wanneroo-Joondalup

Joseph Manning	East Fremantle
Jed Martella	East Fremantle
Tom Moir	Phoenix
Tom Richards	East Fremantle
Jaidyn Rodrigues	Wanneroo-Joondalup
Lachlan Spickett	Wanneroo-Joondalup
Josh Vetter	Phoenix
Javier Williams	Phoenix
Travis Wolfe	Phoenix

Game Day MVP's: Rhett Johnstone, Charlie Clarke, Thomas Richards, Jack Cooper, Ryan Hockey

Team Personnel

Head Coach	Adam Jorre de St Jorre	Bayswater
Team Manager	Nathan Forner	Bayswater

2023 WA Senior Women's State Team

Olivia Antulov	Wanneroo-Joondalup
Alannah Davis	Wanneroo-Joondalup
Madison Copeland	East Fremantle
Bailey Eastman	Wembley
Isla Frazer	Bayswater
Emma Green	Subiaco
Baillie-Rose Keenan	Wanneroo-Joondalup
Kate Hooper	Subiaco

Ocea Leavy	Wembley
Skylar Leavy	Bayswater
Erin Mitchell	Subiaco
Shannon Mitchell	Subiaco
Posy O'Keefe	East Fremantle
Georgia Portlock	East Fremantle
Hannah Stampalia	Wanneroo-Joondalup
Chloe Tatlow	Bayswater

Game Day MVP's: Olivia Antulov, Baillie Keenan, Madison Copeland, Chloe Tatlow, Posy O'Keefe



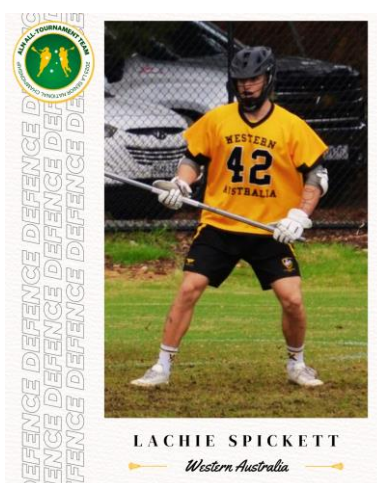
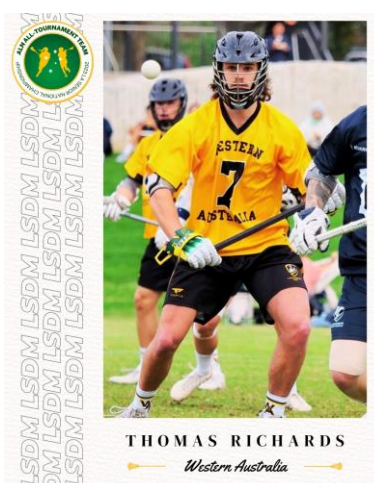
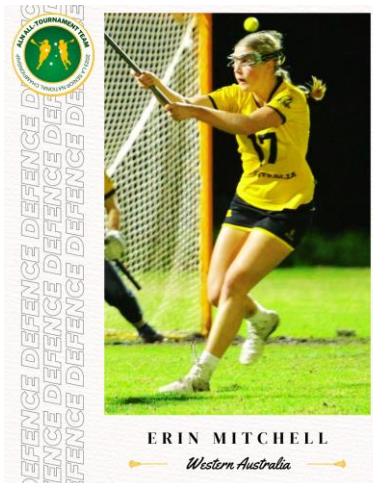
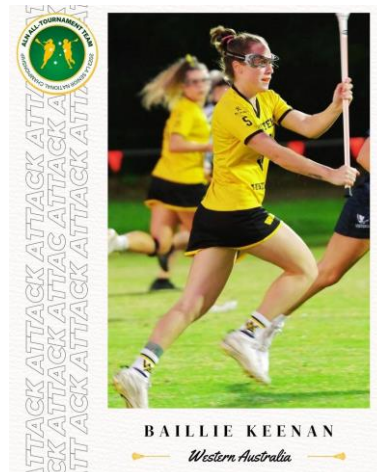
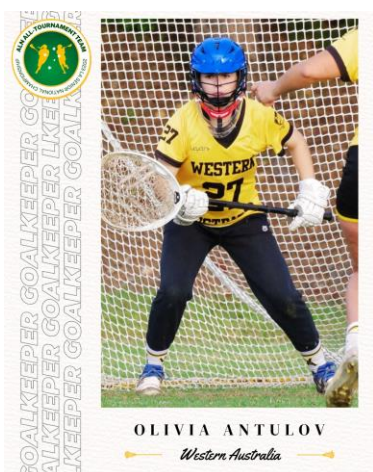
Team Personnel

Head Coach	Meagan Shanks	Wanneroo-Joondalup
Assistant Coach	Erin Laws	Wanneroo-Joondalup
Team Manager	Faye Beaman	Bayswater

2023 ALN Senior Men's and Women's All Star Teams

Olivia Antulov	Wanneroo-Joondalup
Madison Copeland	East Fremantle
Baillie Keenan	Wanneroo-Joondalup
Erin Mitchell	Subiaco

Thomas Richards	East Fremantle
Lachlan Spickett	Wanneroo-Joondalup



Officials

Stephanie Allen	Wembley	Umpire
Julie Ames	Wanneroo-Joondalup	Umpire
David McRae	Wembley	Referee
Susan Milne	East Fremantle	Umpire/Officiating Coach
Kellie Morley	Wanneroo-Joondalup	Umpire/Officiating Coach
Mitchell Walmsley	Wanneroo-Joondalup	Referee

2023 WA Senior Men's State Box Lacrosse Team

Luka Bleus	East Fremantle
Jean Bronkhorst	East Fremantle
Isaac Deshon	Bayswater
Lucas Deshon	Bayswater
Nicholas Ho	Wembley
Benjamin Jones	Bayswater
Thomas Lane	Bayswater

Luke McCrone	Phoenix
Jacob Mellor	Wanneroo-Joondalup
Ben Muxlow	Wembley
Luke Oliver	Wembley
Nathan Simpson	Wembley
Adam Smedley	Bayswater
Lucas Wood	Wembley



Team Personnel

Head Coach	Ben Muxlow	Wembley
Assistant Coach	Wade Hammond	
Bench Manager	Chris Deshon	Bayswater

2023 WA Senior Women's State Box Lacrosse Team

Olivia Antulov	Wanneroo-Joondalup
Madeline Antulov	Wanneroo-Joondalup
Natasha Bronkhorst	East Fremantle
Tegan Brown	East Fremantle
Zowie Day	Bayswater
Alannah Davis	Wanneroo-Joondalup
Hesmarie Husselmann	Bayswater

Posy O'Keefe	East Fremantle
Shendelle Oliver	Wembley
Georgia Portlock	East Fremantle
Emily Wills	East Fremantle
Lucy Wills	East Fremantle
Olivia Wills	East Fremantle



Team Personnel

Head Coach	Ben Muxlow	Wembley
Assistant Coach	Wade Hammond	
Assistant Coach	Luke Oliver	Wembley
Assistant Coach	Lucas Wood	Wembley
Bench Manager	Chris Deshon	Bayswater

2023 WA U18 Boy's State Team

Alex Ager	Bayswater
Matthew Borserini	East Fremantle
Clancy Buckley	Bayswater
Casey Burton	Bayswater
Charlie Clarke	Wembley
Jacob Davila	Wembley
Frazer Gill	Wembley
Tyler Hill	Wanneroo-Joondalup
Brayden Hogan	Wanneroo-Joondalup
Adam Jerejian	Wanneroo-Joondalup

Joseph Manning	East Fremantle
Campbell Mitchell	East Fremantle
Kade Moir	Phoenix
Reece Pourau	Bayswater
Evan Spickett	Wanneroo-Joondalup
Tyler Sprunt	East Fremantle
Harrison Summerell	Phoenix
Mitchell White	Bayswater
Lachlan Wills	East Fremantle

Game Day MVP's: Clancy Buckley, Joseph Manning, Lachlan Wills, Charlie Clarke.



Team Personnel

Head Coach	Gavin Leavy	East Fremantle
Assistant Coach	Ashby Dennis	Subiaco
Assistant Coach	Matt Devoy	East Fremantle
Team Manager	Lara Clarke	Wembley

2023 WA U18 Girl's State Team

Sofia Birighitti	Wembley
Bindi Buckman	East Fremantle
Summer Buckman	East Fremantle
Jessica Carson	Bayswater
Nikilah Carson	Bayswater
Zoey Chobanoff	Subiaco
Marah Crane	Alkimos
Chloe Duckworth	Wanneroo-Joondalup

Madison Carroll	Wembley
Emma Ee	Bayswater
Veronica Keen	Bayswater
Ruby Koczwar	Wembley
Frey Pyne	Phoenix
Kori Rainey	Phoenix
Ruby Taylor	Bayswater
Lucy Wills	East Fremantle

Game Day MVP's: Emma Ee, Marah Crane, Bindi Buckman, Ruby Taylor, Kori Rainey



Team Personnel

Head Coach	Kate Hooper	Subiaco
Assistant Coach	Dhevan Manu	Subiaco
Assistant Coach	Brendan Ballarine	Alkimos
Team Manager	Lisa Bell	Bayswater
Assistant Manager	Todd Keen	Bayswater

Officials

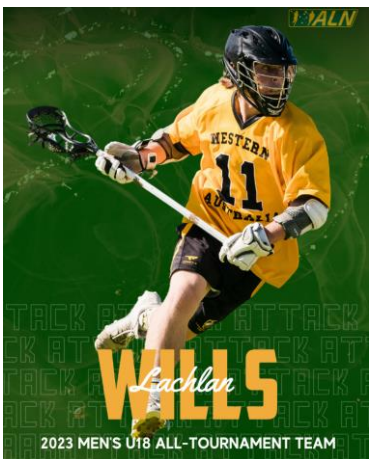
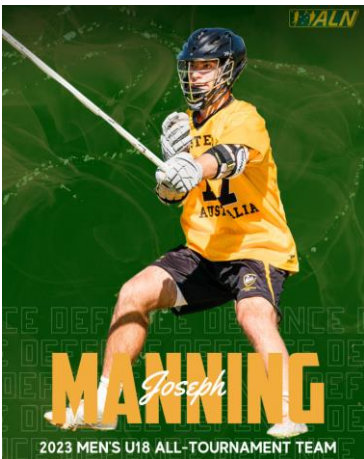
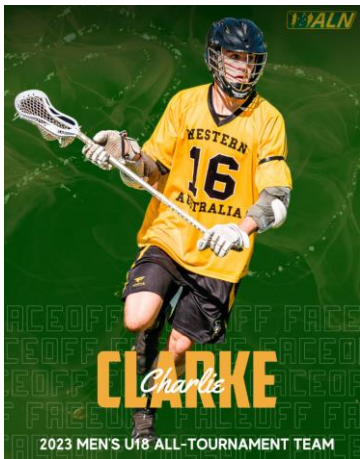
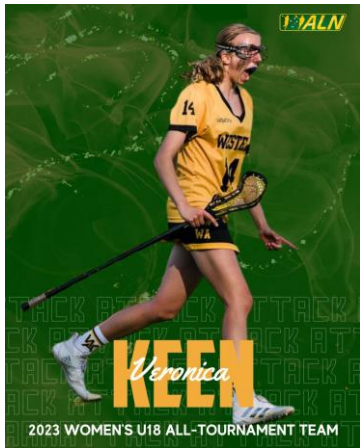
Kellie Morley	WALO/Wanneroo-Joondalup	Umpire In Charge
Mitchell Walmsley	WALO/Wanneroo-Joondalup	Referee In Chief
Peter Mulcahy	WALO/Wanneroo-Joondalup	Deputy Referee In Chief
Suzanne Kirkby	WALO/Alkimos	Officiating Coach
Susan Milne	WALO/East Fremantle	Officiating Coach
Laslo Tiszavolgyi	WALO/Wanneroo-Joondalup	Officiating Coach
Tayla Danby	Subiaco	Umpire
Lachlan Griffin	Wembley	Referee
Tim Kennedy	WALO/East Fremantle	Referee
Skylar Leavy	Bayswater	Umpire
Kim Panton	WALO/East Fremantle	Referee
Jonathan Taylor	WALO/Wanneroo-Joondalup	Referee



2023 ALN U18 Boy's and Girl's All Star Teams

Emma Ee	Bayswater
Veronica Keen	Bayswater

Charlie Clarke	Wembley
Joseph Manning	East Fremantle
Lachlan Wills	East Fremantle



2023 Under 15's Regional Girls' Team – Flames

Saratha Brandes de Roos	Bayswater
Elizabeth Hogg	Wanneroo-Joondalup
Claire Lawrance	Wanneroo-Joondalup
Charlotte Macey	Wembley
Amalija Manning	East Fremantle
Sofie McBean	Bayswater
Willow Musca	Wembley
Karenza Nottle	Wembley

Macy Parker	East Fremantle
Blake Rainey	Phoenix
Kori Rainey	Phoenix
Georgia Rosier	Wanneroo-Joondalup
Addison Shaw	Wembley
Remi Twite	Wembley
Omelia Walker	Phoenix
Maddison Walters	Bayswater

Game Day MVP's: Claire Lawrance, Elizabeth Hogg, Kori Rainey, Maddison Walters, Macy Parker, Sofie McBean



Team Personnel

Co-Head Coach	Shannon Mitchell	Subiaco
Co-Head Coach	Matt Angwin	Wanneroo-Joondalup
Team Manager	Mel Rainey	Phoenix
Assistant Manager	Brad Twite	Wembley

2023 Under 15's Regional Girls' Team – Stars

Chanel Ager	Bayswater
Ashlee Burton	Bayswater
Nikilah Carson	Bayswater
Alice Dawson	East Fremantle
Cliona Ehlers	Bayswater
Isla Emmerson	East Fremantle
Evee Jobson	Bayswater
Gem Jobson	Bayswater

Sienna Lewis-Fernandez	East Fremantle
Lily McRoberts	Wembley
Victoria Narbey	Wembley
Scarlett Power	Bayswater
Addison Riordan	Bayswater
Charli-Rose Rodwell	East Fremantle
Mia Taylor	Bayswater
Shayana Torney	Alkimos

Game Day MVP's: Chanel Ager, Nikilah Carson x 2, Addison Riordan, Shayana Torney, Lily McRoberts



Team Personnel

Co-Head Coach	Chloe Tatlow	Bayswater
Co-Head Coach	Liz Shields	Bayswater
Team Manager	Faye Beaman	Bayswater
Assistant Manager	Michelle Curran	East Fremantle

2023 Under 15's Regional Boys' Team – Braves

Matt Barneveld Labbe	Wembley
Oliver Bell	Wanneroo-Joondalup
Ashton Czynski	Wanneroo-Joondalup
Fraser Ellison	Phoenix
Aljhier Escasinas	Bayswater
Connor Evans	Phoenix
Finn Overall	East Fremantle
William Hogg	Wanneroo-Joondalup
Zak Kadow	Wanneroo-Joondalup

Gyo Kang	Subiaco
Harper Kieran	Wanneroo-Joondalup
Lucas Maschler	Wanneroo-Joondalup
Benjamin Mason	Bayswater
Jack McCracken	Wanneroo-Joondalup
Blake Sargent	Phoenix
Oscar Shiner	Subiaco
Samuel Wilson-Banks	Phoenix

Game Day MVP's: Jack McCracken, Oscar Shiner, Benjamin Mason, Matthew Barnevald Labbe, Aljhier Escasinas, Ashton Czynski



Team Personnel

Head Coach	Paul Rosier	Wanneroo-Joondalup
Assistant Coach	Henry Simmonds	Subiaco
Team Manager	Peta Cornell	Wanneroo-Joondalup

2023 Under 15's Regional Boys' Team – Thunder

Klae Allen	Wembley
Charlie Bugg	Wembley
William Frencham	Bayswater
Tyson Gill	Wembley
Rowan Glass	Wanneroo-Joondalup
Jett Hall	Wembley
Harryson Hall	Wembley
Oliver Johnson	East Fremantle
Kade Lakin	Wanneroo-Joondalup

Reuben Mann	Wembley
Oscar Myhre	Wembley
Hayden Nesbitt	Wembley
Jackson Newsome	Wembley
Benjamin Peirce	Bayswater
Caleb Reiger	Wembley
Cooper Reiger-Livich	Wembley
Magnus Wearing-Smith	Subiaco

Game Day MVP's: William Frencham, Rowan Glass, Klae Allen, Tyson Gill, Charlie Bugg, Cooper Reiger-Livich



Team Personnel

Head Coach	Ben Reiger	Wembley
Assistant Coach	Craig Allen	Wembley
Team Manager	Joy Glass	Wanneroo-Joondalup

Officials

Kellie Morley	WALO/Wanneroo-Joondalup	Officiating Coach
Julie Ames	WALO/Wanneroo-Joondalup	Umpire
Tayla Danby	Subiaco	Umpire
Hesmarie Husselmann	Bayswater	Umpire
Ethan Kentfield	WALO/Subiaco	Referee
Andrew Kininmonth	Wanneroo-Joondalup	Referee
Posy O'Keefe	East Fremantle	Umpire
Dominic Welch	Wanneroo-Joondalup	Referee



WA RESULTS AND AWARDS 2023 – SENIOR COMPETITION

MEN'S STATE LEAGUE

Premiers
Minor Premiers
Fairest & Best Player
Runner Up (tied)

MVP Grand Final
Highest Point Scorer

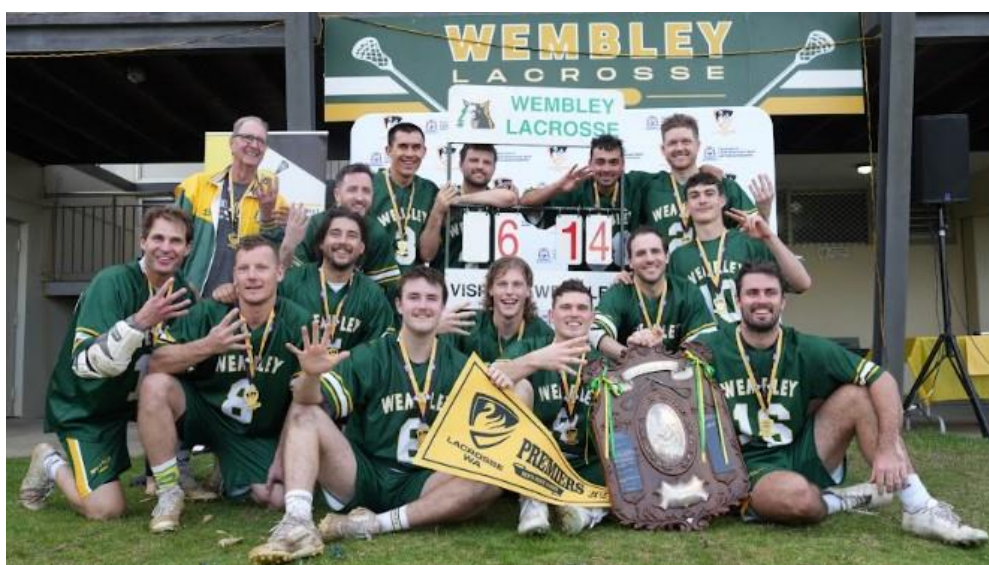
Wembley
East Fremantle
Ethan Moir (Phoenix)
Jean Bronkhorst (East Fremantle)
Ashby Dennis (Subiaco)
Lachlan Walker (Wanneroo-Joondalup)
Charlie Clarke (Wembley)
Matt Wood (Wembley)

IJ Taylor Shield
Lapsley Cup
Regal Cup

Kuljak Medal
Cann-Griffin Cup

Spirit of Lacrosse Award

Wembley Lacrosse Club



2023 Men's State League Premiers – Wembley



2023 LWA Men's State League Fairest and Best – Ethan Moir, Tied R/U Lachlan Walker, Ashby Dennis & Jean Bronkhorst,
Highest Point Scorer Matt Wood
Photo credit – @goz_films

WOMEN'S STATE LEAGUE

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

Highest Point Scorer

Subiaco

East Fremantle

Bailey Eastman (Subiaco)

Holly Plummer (Wembley)

Kate Hooper (Subiaco)

Baillie Keenan (Wanneroo-Joondalup)

LWA Rae Reid Cup

Kuljak Medal

Sarah Forbes Trophy



2023 Women's State League Premiers – Subiaco



*2023 LWA Women's State League Fairest and Best Bailey Eastman, R/U Holly Plummer and Highest Point Scorer Baillie Keenan
Photo credit - @goz_films*

LACROSSE WA MEN'S ALL STAR TEAM

Goalkeeper	Ryan Spark	East Fremantle
Defence	Ashby Dennis	Subiaco
Defence	Lachlan Spickett	Wanneroo-Joondalup
Defence	Josh Vetter	Phoenix
LSM	Thomas Richards	East Fremantle
Midfield	Matt Wood	Wembley
Face Off	Aaron Salter	Subiaco
SSM	Brayden Panting	Wembley
Attack	Jordan Gillespie	Wanneroo-Joondalup
Attack	Ryan Hockey	East Fremantle
Attack	Ethan Moir	Phoenix
Coach	Alex Brown	Wembley



2023 LWA Men's State League – All Stars
Photo credit @goz_films

LACROSSE WA WOMEN'S ALL STAR TEAM



Goalkeeper	Zowie Day	Bayswater
Defence	Bailey Eastman	Subiaco
Defence	Emma Graham	East Fremantle
Defence	Olivia Wills	East Fremantle
D-Midfield	Erin Mitchell	Subiaco
D-Midfield	Shannon Mitchell	Subiaco
Centre Draw	Ashtyn Hiron	Phoenix
Midfield	Baillie Keenan	Wanneroo-Joondalup
A-Midfield	Kate Hooper	Subiaco
Attack	Tegan Brown	East Fremantle
Attack	Emma Green	Subiaco
Attack	Chloe Tatlow	Bayswater
Coach	Gavin Leavy	Subiaco

2023 LWA Women's State League – All Stars
Photo credit @goz_films

MEN'S DIVISION 2

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

Wanneroo-Joondalup

Wanneroo-Joondalup

Stuart Walker (Wanneroo-Joondalup)

Frazer Gill (Wembley)

Will Czynski (Wanneroo-Joondalup)

Jubilee Trophy

Clarke Cup

Morris & Scott Trophy

Cyrrill Allman Medal



2023 Men's Division 2 Premiers and Minor Premiers – Wanneroo-Joondalup

Photo credit @goz_films



2023 LWA Men's Division 2 Fairest and Best Stuart Walker, R/U Frazer Gill, Cyrrill Allman Medalist Will Czynski

Photo credit – @goz_films

WOMEN'S DIVISION 2

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

Bayswater

Wanneroo-Joondalup

Mikayla Johns (Subiaco)

Ella Rose (Wembley)

Nikilah Carson (Bayswater)



2023 Women's Division 2 Premiers – Bayswater

Photo credit @goz_films



2023 LWA Women's Division 2 Fairest and Best Mikayla Johns, R/U Ella Rose, LWA Medallist Nikilah Carson Photo credit @goz_films

MEN'S DIVISION 3

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

MVP Grand Final

East Fremantle

East Fremantle

Brad Smith (Alkimos)

(Tied) Steve Smyth (Wembley)

Yoshihiro Iida (Phoenix)

David Whiteman (East Fremantle)

WA Lacrosse Assoc. Trophy

Lloyd Paul Perpetual Trophy

Keenscreen Brine Trophy

LWA Medal



2023 Men's Division 3 Premiers and Minor Premiers – East Fremantle

Photo credit @goz_films



2023 LWA Men's Division 3 LWA Medallist – David Whiteman

WA RESULTS AND AWARDS 2023 – JUNIOR COMPETITION

MEN'S U17's

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Bayswater

Bayswater

Kade Moir (Phoenix)

Charlie Clarke (Wembley)

Ramsay Trophy

Greg Wheatley Trophy

Jeff Kennedy Trophy



2023 Men's U17 Premiers and Minor Premiers – Bayswater

Photo credit @goz_films



2023 LWA Men's U17's Fairest and Best Kade Moir and Runner up Charlie Clarke

WOMEN'S U17's

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Bayswater

Bayswater

Veronica Keen (Bayswater)

Kori Rainey (Phoenix)



2023 Women's U17 Premiers and Minor Premiers – Bayswater

Photo credit @goz_films



2023 LWA Women's U17's Fairest and Best Veronica Keen and Runner Up Kori Rainey

MEN'S U15's

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

Wembley
Wembley
Tyson Gill (Wembley)
Samuel Wilson-Banks (Phoenix)

Brian Griffin Trophy
Rob Taylor Trophy
Steve Mounsey Trophy



2023 Men's U15 Premiers and Minor Premiers – Wembley

Photo credit @goz_films



2023 LWA Men's U15's Fairest and Best Tyson Gill and Runner Up Samuel Wilson-Banks

WOMEN'S U14's

Premiers

Minor Premiers

Fairest & Best Player

Runner Up

Bayswater

Bayswater

Chanel Ager (Bayswater)

Elizabeth Hogg (Wanneroo-Joondalup)



2023 Women's U14 Premiers and Minor Premiers – Bayswater

Photo credit @goz_films



2023 LWA Women's U14's Fairest & Best Chanel Ager and Runner Up Elizabeth Hogg

MEN'S U13's

Premiers
Minor Premiers
Fairest & Best Player
Runner Up

Wanneroo-Joondalup Red
Wanneroo-Joondalup Red
Caleb Reiger (Wembley)
(Tied) Kai Prestage (Wanneroo-Joondalup)
Timothy Gould (Wanneroo-Joondalup)

Premiers Trophy
Minor Premier's Trophy
Murray Keen Trophy



2023 Men's U13 Premiers and Minor Premiers – Wanneroo-Joondalup



2023 LWA Women's U14's Fairest & Best Caleb Reiger, Tied Runner Up Timothy Gould and Kai Prestage